



Central Rockies (HHS Region 8)
ATTC Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Utah State Division of Substance Abuse and Mental Health
 801-538-3939
<http://www.dsamh.utah.gov/>
<http://healthsciences.utah.edu/utahaddictioncenter/>



SCORING THE CRAFFT SCREENING TOOL*

| ANSWERS | RISK | ACTION |
|-----------------------------|---------------------|---|
| "No" to 3 opening questions | Low risk | Positive reinforcement |
| "Yes" to Car question | Driving/Riding risk | Discuss safety plan (contract for life) |
| CRAFFT score = 0 | Moderate risk | Brief advice |
| CRAFFT score = 1 | Moderate risk | Brief intervention |
| CRAFFT score ≥ 2 | High risk | Referral for further assessment |

* validated for ages 14 – 21



Adapted from Oregon's SBIRT Project

STEPS OF THE BRIEF INTERVENTION

Raise the subject

“Is it okay with you if we go over the questions you filled out today?” If yes: “I’d like to hear more about your use.”

Provide feedback

“As your dentist, I recommend not to use alcohol, tobacco, or drugs at all. Substance use can harm brain development in adolescents, as well as increase the risk of oral disease, car accidents, injuries, failing in school and other problems.”

Enhance motivation

“On a scale of 0-10, how ready are you to stop drinking/using? . . . Why that number and not a ____ (lower number)?”

Negotiate plan

“What would make it easier to stop using drugs, tobacco, or alcohol?” Or, “How could your use impact your life so that you would start thinking about not smoking, drinking or using?”

UTAH REFERRALS

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