



## The Digital Divide (Part II): Building a Therapeutic Relationship using Telehealth Technologies

**TRAINER:** MARK DISSELKOEN, LCSW, LADC, NATIONAL FRONTIER AND RURAL ATTC

**TOPIC:** TELEHEALTH

**DATE:** APRIL 23, 2014

**TIME:** 12:00 PM – 1:30 PM CENTRAL TIME

### **BRIEF DESCRIPTION:**

Annually, 10 million patients receive telemedicine services. In 2011, the Veterans Administration alone provided 6,700 patients with telemental health services. Although many practitioners question the ability to develop a therapeutic client-counselor relationship, there is extensive research (including randomized controlled trials) showing the efficacy of using telehealth technologies to deliver services. This workshop will provide an overview of conducting counseling sessions using telehealth technologies (video-conferencing and other e-counseling activities); web-based-treatment support options (mobile apps and internet-based programs); ethical and scope of practice issues; and how to promote client engagement when using telehealth technologies.

### **OBJECTIVES (3-4):**

- Understand the latest research regarding building a therapeutic relationship with a client utilizing telehealth.
- Explore various technologies and the effectiveness in meeting the client's needs.
- Understand how telehealth counseling impacts the clinicians scope of practice.
- Understand the impact of telehealth technologies on ethical practices.

### **RECOMMENDED READING AND OTHER RESOURCES (Links):**

- [http://www.attcnetwork.org/regcenters/index\\_nfa\\_frontier.asp](http://www.attcnetwork.org/regcenters/index_nfa_frontier.asp)
- <http://www.americantelemed.org/>

### **BRIEF BIO:**

Mark Disselkoen, is Project Manager at the Center for the Application of Substance Abuse Technologies (CASAT). He is an LCSW and LADC and has worked in the field of substance use and mental health treatment for over 20 years. He oversees certification and training/technical assistance contracts in Nevada and facilitates trainings for the National Rural and Frontier ATTC and NIDA Blending Initiatives.