

**OPPORTUNITIES FOR PERSONS IN ADDICTION RECOVERY (PIR)
WITHIN RECOVERY-ORIENTED SYSTEMS OF CARE (ROSC)**

A FOUR PART WEBINAR SERIES

#2 – ROLES THAT PIR PLAY WITHIN A ROSC


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Presenter Introduction

- Self-identify as a PIR
- 25 year history working in addiction treatment/recovery
- Founder of an RCO
- Advocate of addiction recovery and multiple pathways to recovery
- Combine lived experiences with formal education



Poll Question: Did you participate in webinar #1?



“ Setting The Stage: Who is a Person in Recovery; What is a ROSC; and what are the Opportunities” - December 15, 2011

Highlight the core Messages of our Four-part webinar

- >25 million in need of treatment (recovery)
- Treatment is effective and has benefited many
- Treatment is not a panacea
- Establishing ROSC and Instituting P-BRSS is paramount



Highlight the core Messages of our Four-part webinar (cont'd)

- Expanded Roles for PIR in the recovery movement
- Buy-in and Support from all Involved
- Responsible for ensuring that care is available to those who need it



Reality of Many Seeking Treatment

- Women
- Ethnic Minorities
- Poor People
- Incarcerated
- Non-insured
- Parents with young children
- Co-occurring SMI
- People with multiple treatment needs



Are there any questions or need for clarification at this point, and if so, now is the time to raise your hand and be recognized!

Raise your hand!!



Based on webinar 1, which group or groups below do not meet the definition of Persons in Recovery (PIR)?

- (a) Gender-specific groups
- (b) Faith-based groups
- (c) Medication assisted groups (methadone, buprenorphine, etc.)
- (d) 12-step groups
- (e) Co-occurring groups
- (f) Groups that reduce frequency of substance use



Who qualifies as a PIR (review of webinar 1)

- Historically, the phrase **“I’m in recovery”** implied that a person was overcoming a drug and/or alcohol addiction and sustaining their recovery through 12-step support group attendance in programs such as AA or NA

Recovery Definition Expanded

- Today the phrase “**recovery**” has expanded its meaning and now includes persons on medication assistance or drug replacement therapies such as: methadone; buprenorphine; naltrexone; etc.



Recovery Definition Expanded

- Faith conversions
- Gender-specific
- LGBTQ-specific
- Frequency reduction methods
- Co-occurring approaches



Recovery Definition Expanded cont'd



- **Our webinar series focuses on individuals recovering from substance use disorders; including co-occurring disorders.**
- **For our series,** the phrase “in recovery” **does not** include family members of PIR or individuals overcoming addictions to food, gambling, nicotine, cancer, or those recovering from mental illness though some or all of these ailments are included in the definition of recovery for many people.

What is a Recovery Oriented System of Care?



A ROSC is a **coordinated network** of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to achieve **abstinence** and improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems

SAMHSA/CSAT

In a ROSC

- ...**addiction is treated as a chronic disorder as opposed to an acute disorder**
- ...resulting in longer attention to care for service recipients
- ...offers assertive outreach and early engagement
- ...utilizes of an integrated behavioral health approach
- . . . is absent of hierarchy among staff
- . . . offers multiple approaches to recovery including peer-to-peer support
- ...provides ongoing care post initial engagement

Setting the Stage: Session 2

- Peer-based Recovery Support (P-BRS)
- Peer-based Recovery Support Services (P-BRSS)
- Multiple Roles of PIR within P-BRSS and ROSC



History of RCSP



- Late 90s – early 2000s – Recovery Community Support Programs
- 2002 – Recovery Community Services Program
- 2002 – Peer-based Recovery Support Services (P-BRSS)

PBRS



Peer-based recovery support is the process of giving and receiving **non-professional, non-clinical assistance** to achieve long-term recovery from severe alcohol and/or other drug-related problems. This support is provided by people who are **experientially credentialed** to assist others in initiating recovery, maintaining recovery, and enhancing the quality of personal and family life in long-term recovery.

P-BRSS (where they take place)

Peer-based recovery support services are a form of P-BRS delivered through more formal organizations or specialized roles.

Examples of formal settings:

- treatment programs;
- shelters;
- drug court programs;
- county jails;
- mental health settings;
- recovery community organizations;
- transitional housing programs; etc.
- soup kitchens
- faith-institutions (mostly churches)

P-BRSS



Peer-based recovery support services are a form of P-BRS delivered through more formal organizations or specialized roles.

Types of support services:

- employment enhancement support services;
- Financial/credit enhancement support services;
- social entrepreneurial development programs;
- support services that “clean up prior criminal histories;”
- educational enhancement support services;
- recovery coaching;
- pre treatment/recovery programs;

P-BRSS (cont'd)



Peer-based recovery support services are a form of P-BRS delivered through more formal organizations or specialized roles.

Types of support services

- shared housing programs;
- infectious disease-specific support services;
- gender-specific support services;
- faith-based specific support services;
- health improvement support services;
- telephone support services;
- street outreach
- SAVED SISTA project

Checking in...



Questions,
Clarification?

Roles of PIR within ROSC



More obvious Roles

- Peers within treatment settings;
- Site techs (paraprofessionals) within treatment settings;
- Outreach Workers;
- Recovery Coaches;
- Board Members of RCO and other Programs;

Roles of PIR within ROSC



Less obvious Roles

- Addiction Counselors;
- Administrators and Directors of Programs;
- Founders of Programs;
- Primary Fundraisers of Organizations;
- Evaluators of Programs;
- Developers of Recovery Academies;

Knowledge, Skills, and Abilities

(competency level)



- ♦ Invaluable personal experiences
 - (lived experiences)
- ♦ Sustained personal recovery
- ♦ Unparalleled level of empathy for service recipients
 - (clients, consumers)
- ♦ Commitment to combining formal learning (college degrees, peer certifications) with lived experiences
 - (Recovery Academies)

K, S, & A (cont'd)

(competency level)



- ♦ Compassionate, caring and empathetic
- ♦ Committed to helping substance users, family members, and communities heal
- ♦ Seems to be the perfect fit
- ♦ Ability to interact with and gain the confidence of service recipients
- ♦ Ability to link service recipients with a variety of services expeditiously
- ♦ Understand the need for ongoing personal support

STRENGTHS cont'd

- Understand the need for ongoing personal recovery/support
- Believe in multiple approaches to recovery
- Reliance on Higher Power
- Access to recovery capital (ability to link **service recipients** with services expeditiously)
- Commitment to ongoing education

More will be revealed in next sessions!



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Q & A portion of webinar

