 **2016 Behavioral Health Webinar Series**

ROSC in Action: Perspectives from Michigan's System Transformation

January 27, 2016

Presented by:

- *Andre Johnson, MA*, President/CEO, Detroit Recovery Project Inc.
- *Marci Scalera, ACSW, LMSW, CAADC*, Director of Clinical & SUD Services, Community Mental Health Partnership of Southeast Michigan
- *Mark Witte, MSW*, Director of Substance Abuse Services, Lakeshore Regional Partners

Hosted by:
Monica Velazquez, B.A., Public Functions Supervisor
Great Lakes ATTC

Disclaimer: Funding support for the *Behavioral Health Webinar Series* is provided by the Wisconsin Department of Health Services, Bureau of Prevention, Treatment, and Recovery. The information, views and opinions in the webinars are not necessarily those of the Department of Health Services.

Today's Agenda

- Welcome, Evaluation & CEUs
- Overview of Technology
- Introduction of Facilitator
- Transformation Perspectives
- Questions & Answers

ATTC Network



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Evaluations

1 hour after the webinar has ended, an automatic email from *GoToWebinar* will be sent to you with our evaluation link.

- It includes: Post Evaluation & Consent to a 30-day follow-up.
- Purpose for 30-day follow-up is to understand what is done with the information presented (shared with colleagues, applied at work, etc.).



CEU Process

Our webinars are
always FREE to attend.

- 1.5 NAADAC CEUs for \$5.00
- CEU request & payment form is linked to our post evaluation.

Don't forget to print the certificate for your records!



Ways To Interact

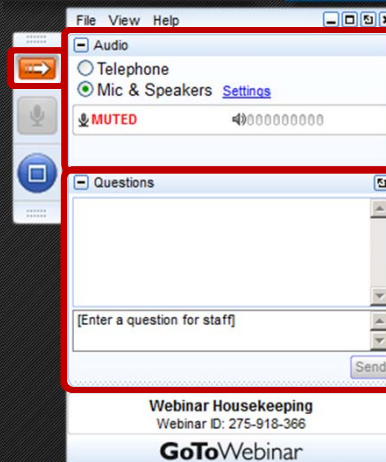
Open and close your control panel

Join audio:

- Choose Mic & Speakers to use VoIP
- Choose Telephone and dial using the information provided

Submit questions and comments via the Questions panel

We will take one question after each presenter and take questions during our Q&A.



The screenshot shows the ATTC website with a navigation menu (About, Education, Communications, Projects, Resources, Find an ATTC) and a search bar. The main content area is titled "2015 Behavioral Health Webinar Series" with the theme "Recovery Orientated Systems of Care". It includes a sidebar with links like "Regional Home", "About Us", "Trainings & Events", "Products & Resources", "Regional Links", "Special Topics", "ROSC Resources", "ARIV Online Course", "Archived Events", "Reflections: Ernie Kurtz DVD", "Webinars on Demand", and "Contact Us". The main text describes the webinar series, its focus on Recovery Orientated Systems of Care (ROSC), and provides information about the Wisconsin focus, fees, and CEU approval. A blue overlay box with white and yellow text is positioned over the bottom right of the page, stating: "We are recording today's session. In 48 hours, the archive recording and PowerPoint will be uploaded to our 2015 Behavioral Health Webinar Series webpage. You can find it on our homepage at: www.attcnetwork.org/greatlakes".

Today's Panelists in order of Presentation

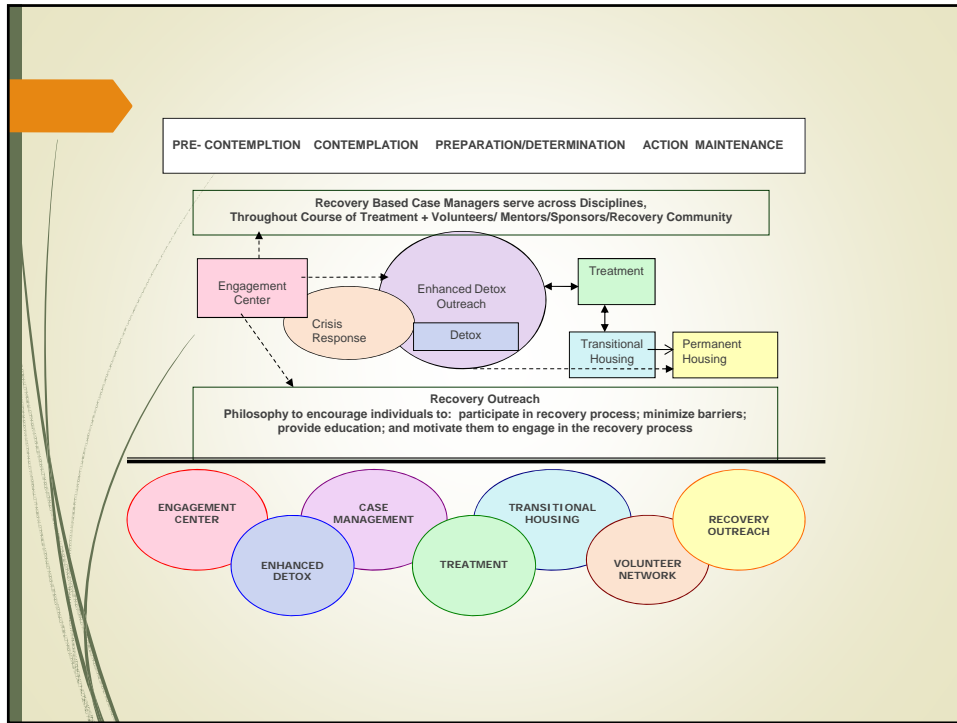
- Marci Scalera, ACSW, LMSW, CAADC, Director of Clinical & SUD Services, Community Mental Health Partnership of Southeast Michigan
- Mark Witte, MSW, Director of Substance Abuse Services, Lakeshore Regional Partners
- Andre Johnson, MA, *President/CEO, Detroit Recovery Project Inc.*

ROSC IMPLEMENTATION CHALLENGES AND SUCCESSES

MARCI SCALERA, ACSW, LMSW, CAADC
DIRECTOR, CLINICAL AND SUD SERVICES
COMMUNITY MENTAL HEALTH PARTNERSHIP OF SOUTHEAST
MICHIGAN

WHY ROSC and WHAT DID WE WISH FOR?

- ▶ We were tired of battling the availability of funds and service capacity gaps—needed to be creative
- ▶ Change the culture of SUD services from acute to chronic care
- ▶ Build stronger, collaborative relationships amongst providers and the community
- ▶ Integrate recovery principles and peers into service delivery
- ▶ Serve as a demonstration agent for transformational change for state and national interests



What did we need to bring in ROSC Transformation?

- ▶ **ENGAGE THE COMMUNITY**
 - ▶ PERSONS IN RECOVER
 - ▶ PROVIDER NETWORK
 - ▶ STATE OFFICIALS
- ▶ **HOSTED COMMUNITY FORUMS**
 - ▶ STAKEHOLDERS
 - ▶ CLIENTS IN CARE, FAMILIES, SUPPORT NETWORKS
 - ▶ COLLECTIVE VISIONING
- ▶ **TRAINING**
 - ▶ ROSC 101 FOR ALL COMMUNITY SECTORS
 - ▶ SMALL GROUP PRESENTATIONS

CREATED A MODEL

▶ FUNDING STRATEGIES

- ▶ Provider allocations based on prior years utilization
- ▶ Worked with State on joint planning – What could we change?

▶ DATA COLLECTION

- ▶ Identified data points pre and post implementation for evaluation
- ▶ Looked at outcome measures

▶ SERVICE ARRAY

- ▶ Implement community based case management and outreach services
- ▶ Front Door Recovery focus, Services that matched Stage of Readiness
- ▶ Peer Coaches and Recovery Mentors (volunteer and paid)
- ▶ Co-Occurring Services

ENGAGEMENT CENTER

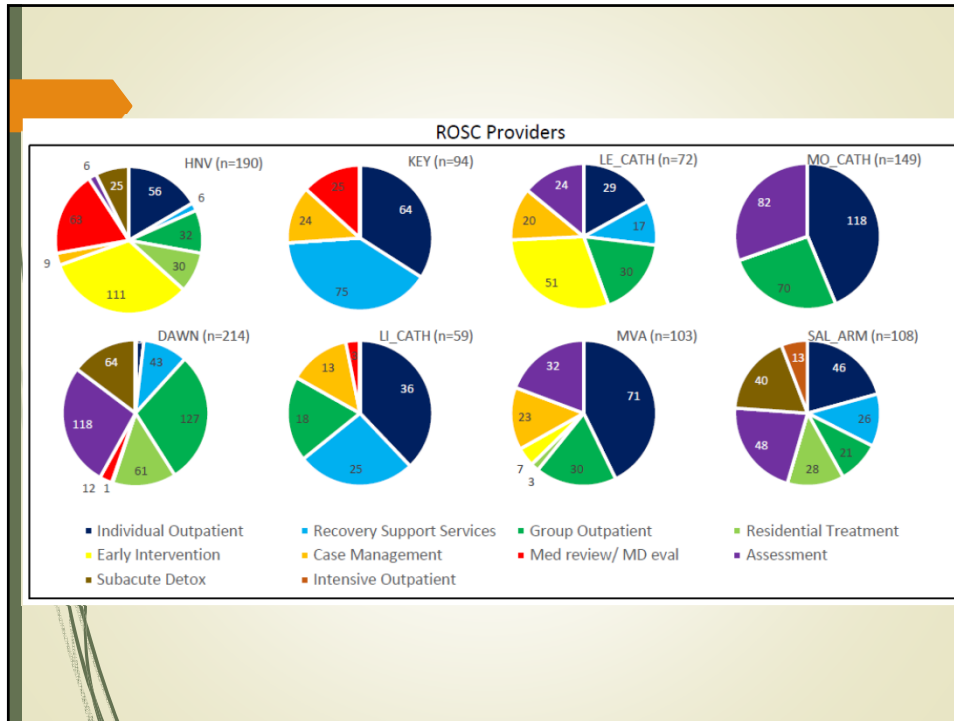
- ▶ To provide a welcoming alternative in a supervised, safe, hopeful environment for persons who require a less intensive level of care than an emergency room provides.
- ▶ To provide an environment of recovery that is focused specifically on substance abuse issues
- ▶ To assist individuals with making a positive connection to the recovering community
- ▶ To engage the individual in exploring their readiness for change
- ▶ To provide a direct linkage to detox, treatment services and other needed resources

Engagement Center

- Staff are similar to direct care workers and can monitor vitals/symptoms while providing support in a welcoming environment
- Many staff are in recovery
- Data collected on utilization of the center as well as treatment resources, referral sources; hospitalizations, discharge planning, population needs
- Volunteers include medical professionals in recovery to assist with health monitoring
- Protocols include ability to accept folks on medication
- Transportation available
- Has emergency clothes and food closets
- Graduates often return to help out

ROSC DATA COLLECTION

SYSTEM DASHBOARD <i>implemented to review quarterly</i>	FINANCE SYSTEM
<ul style="list-style-type: none">■ National Outcome Measures■ Sustained engagement in treatment■ Service array offered to individuals by providers■ Positive change on self sufficiency matrix■ Wait List Comparisons for timeframes■ Unduplicated Count of clients	<ul style="list-style-type: none">■ Utilization of services■ Staffing Allocation v. Fee for Service■ Annual Rates■ Authorization or Bundle of services■ Delegated functions (Access to care)■ Core Provider Model vs. Direct Contracting

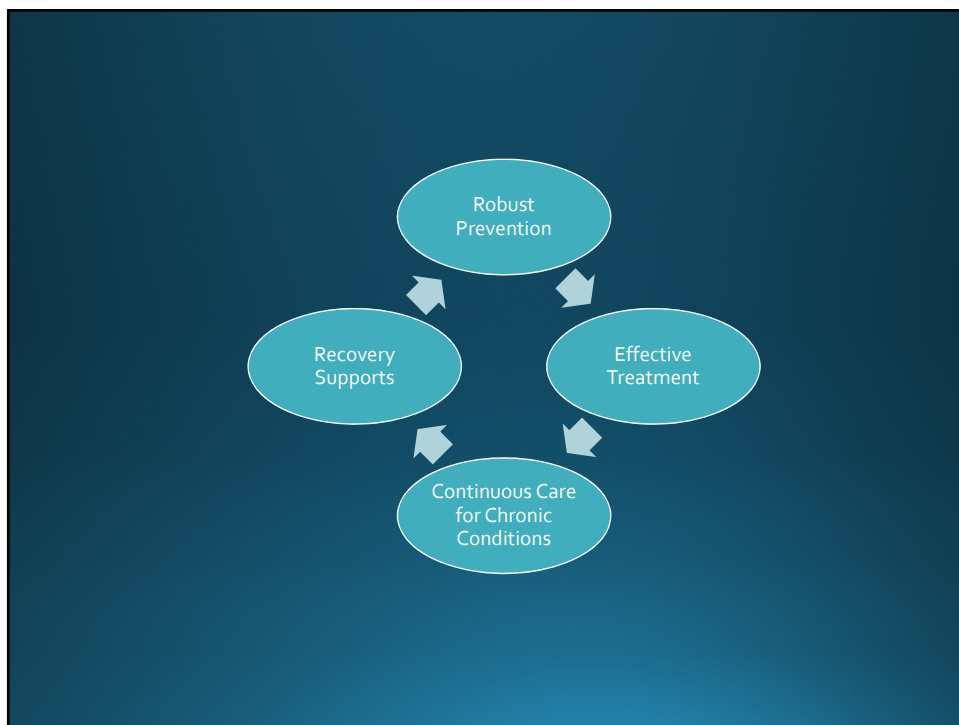
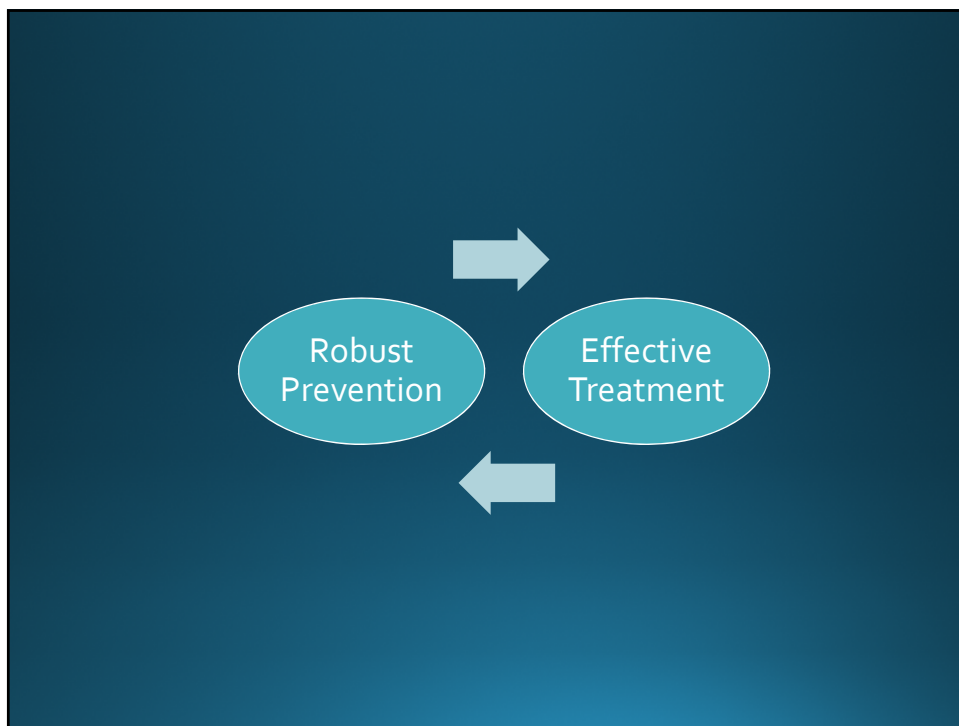


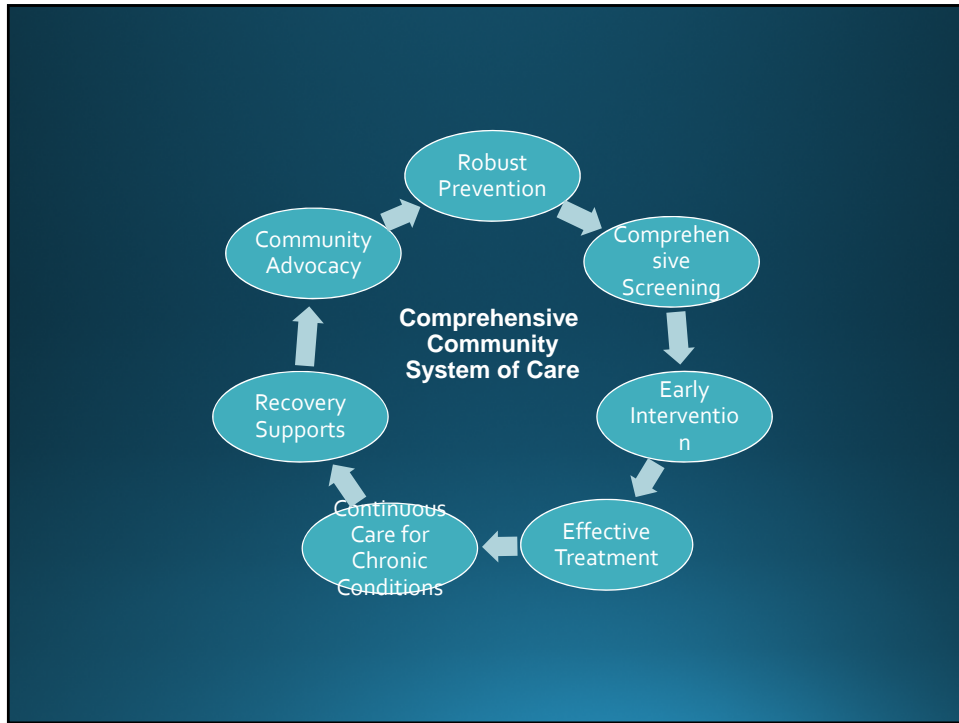
ROSC Development and Regional Change

“We are ready for any unforeseen event
that may or may not occur.”

— Dan C. Quayle

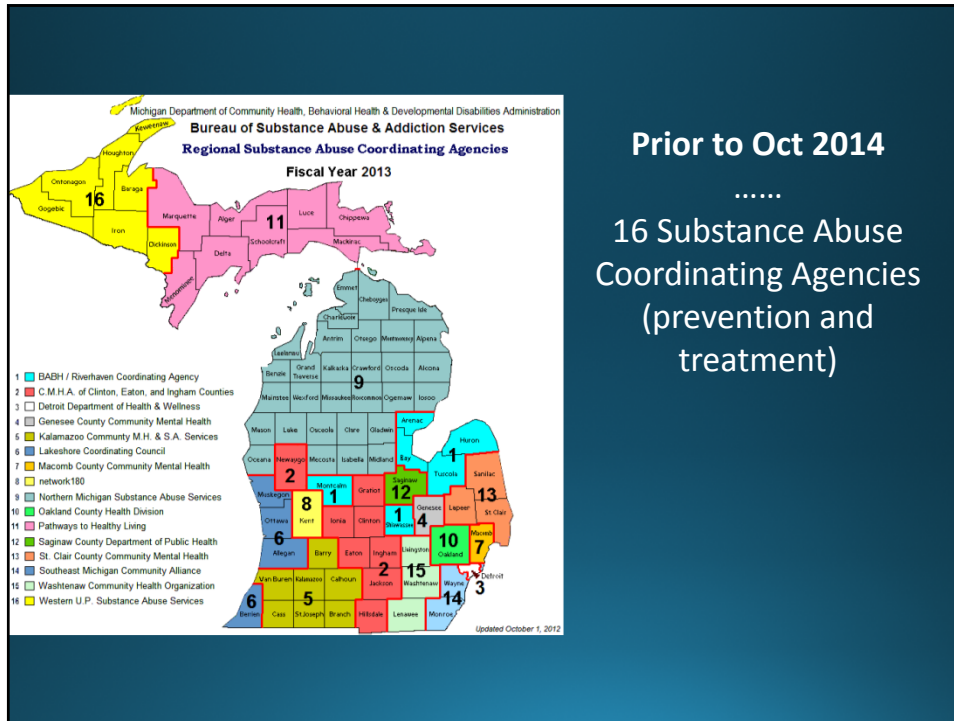






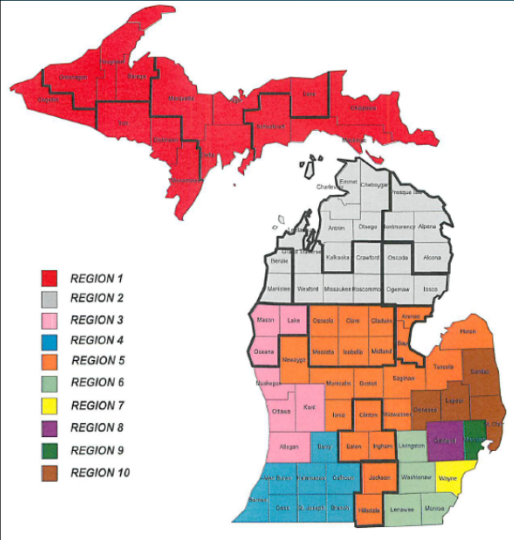
"I believe we are on an irreversible trend toward more freedom and democracy – but that could change."

— Dan C. Quayle



“The future will be better tomorrow.”

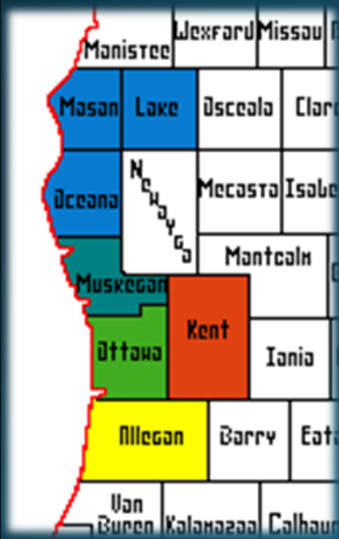
— Dan C. Quayle



Since Oct 2014

.....

10 PIHPs
(publicly managed
Medicaid Health Plans for
persons with mental
illnesses, intellectual or
developmental
disabilities ... and now,
substance use disorder
prevention and
treatment)



Lakeshore Regional Partners

.....

A combined effort of five
separate Community Mental
Health agencies ... four single-
county entities and one with
three (mostly rural) counties.

“I have made good judgments in the past. I have made good judgments in the future.”

— Dan C. Quayle

ROSC “Anchor” Service Development

- 2006 – Recovery Management (TIP 27)
- 2010 – Recovery Housing
 - In good standing with local housing authorities
 - Varying rules
 - Reasonable accommodation (ADA)
 - Member of recovery housing coalition
 - Peer inspections (NARR standards)
 - Agency standards for funding

ROSC "Anchor" Service Development

- 2011 – Helped found National Alliance of Recovery Residences (www.naronline.org)
- 2011 – Addition of Recovery Coaches to Recovery Management teams
 - Initial and ongoing Recovery Coach Training – being centralized by the state now
- 2013 – Overdose Reversal Training/Kits – peer led (www.redproject.org)

ROSC "Anchor" Service Development

- Future Directions – Opportunistically Driven!
 - Regional Spread of All ROSC Services – "Every thing, Every where"
 - Community-Based Recovery Support Center(s)
 - Recovery Employment Supports – Creative employment "on-ramps"
 - Recovery Wellness Supports – specialized health care access and supports
 - Ongoing public celebrations to challenge and encourage!

"If we don't succeed, we run the risk of failure."

— Dan C. Quayle

Andre L. Johnson, M.A.
President/CEO
Detroit Recovery Project Inc.

ROSC

in action Webinar

Wednesday, January 27, 2016

MISSION STATEMENT

**DRP STRENGTHENS, REBUILDS AND
EMPOWERS COMMUNITIES
AFFECTED BY DRUG & ALCOHOL
ADDICTION**

DRP Challenges & Resistances

- Treatment Providers saw us as competitors
- Peers are not respected because lack of education
- Push Back people saw DRP as a threat
- Pot of Money BG & Medicaid has not changed significantly

Principles of RCO's: Recovery Vision

Not a one-size fit all (Embrace many pathways)

12 Step Community

Faith Based Community

Corrections Community

Integration of MH & SUD e.g.

Illness Management & Recovery (EBP)

Motivational Interviewing

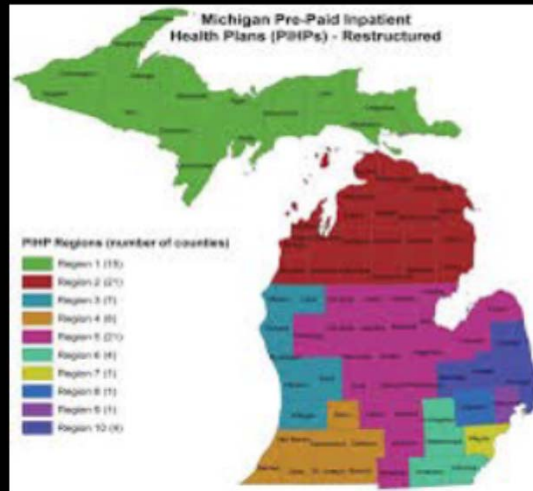
Dual Recovery Anonymous

Principles of RCO's: Recovery Vision

Ceasefire – Reducing Gang violence in Detroit
(Mayor Mike Duggan, Chief of Police,
Prosecutors Office, U.S. District Attorney, MI
State Police)

Returning Citizens Task Force – Assisting with
organizing Returning Citizens Conference (At-
CityCouncil Janee Ayers)

Authenticity of Voice: REAL Michigan's Recovery Community



Authenticity of Voice: MI Recovery Community Organizations

Region	Ambassador	Ambassador	Organization
Region 1		Ciara Krantz	FAN (??)
Region 2		Tom McHale	NMSAS (??)
Region 3		Kevin McLaughlin	Recovery Allies of W
Region 4	Tori Lafler	Sean Harris	Community Services
Region 5	Beth Ureche	Mike Tobias	Capitol Area Project Peer 360
Region 6	Ross Zini	Chris O'Droski/Glynis Anderson	Washtenaw Recovery Advocacy Project
Region 7	Gloria McCastle	Deborah Boerma	REAL MI Detroit Recovery Pro
Region 8	Malkia Newman	Scott Masi	Mi-Hope/Bryan's Ho
Region 9	Mark Kilgore	Lorna McFarlane	Greater Macomb Pr Vox
Region 10	Lisa Coleman	Tara Moreno	Serenity House

Value of RCO: Creating Recovery Friendly Communities

- Create a full continuum of treatment and recovery services.
- Link personal, professional and indigenous community resources into recovery management teams.
- Guide the individual/family into a relationship with a larger community of shared experience.
- Create the physical, psychological and social space within a community in which recovery can occur. (E.g., DRP Health & Wellness Recovery Resource Centers)

Accountability to the Recovery Community

- Member of the Association of Recovery Community Organization
- Member of Faces & Voices of Recovery
- Council of Accreditation of Peer Recovery Support Services (Pending CAPRSS Application)

Accountability to the Recovery Community

- **CARF Accredited since 2009**
Licensed by Michigan Department of Community Health
- **Prevention-CAIT**
- **CLIA Waiver**
- **Out-Patient Treatment**
- **Recovery Support Services**
- **Case Management Services**

Value of having a RCO in a ROSC

- **It fosters resilience**
- **Enhances pre-recovery engagement**
- **Recovery Initiation**
- **Long-Term Recovery Maintenance**

WE ARE ONE
 Water Campaign to benefit
 Flint Odyssey House

About Flint Odyssey House:
 The Odyssey Village is a drug-free, comprehensive recovery community that serves as a microcosm of society. Our holistic person approach challenges participants to be economically self-reliant, develop positive character, and become spiritually, physically, emotionally, and psychologically healthy in a lifestyle of sobriety.

For more information about Flint Odyssey House, please visit: www.odysseyvillage.com

Our Campaign
 Detroit Recovery Project is a 501 c (3), nonprofit organization, providing prevention, treatment and recovery support services for the metropolitan Detroit area. Recognizing the extreme condition of the water in our neighboring City of Flint, Michigan, DRP felt it was only right, to begin to join the fight for clean water for our fellow community members, our recovery family.
 Beginning, January 26, 2016, DRP will be collecting water for Flint, Michigan, during office hours at both our locations, Monday-Friday 9:00am-5:00pm.
 For more information, please contact the DRP Administrative Office at [313.365.3100](tel:313.365.3100).

DETROIT RECOVERY PROJECT
 1121 East McNichols Rd.
 Detroit, Michigan 48202
[313-365-3100](tel:313.365.3100)

1145 W. Grand Blvd.
 Detroit, Michigan 48208
[313-324-8900](tel:313.324.8900)
www.recovery4detroit.com

Monday-Friday
 9:00am-5:00pm

Cost Effective

Recovery Support Costs	Treatment Costs
<ul style="list-style-type: none"> • Relapse Recovery \$25 • Recovery Coaches \$10 • Recovery Support & Skills \$25 	<ul style="list-style-type: none"> Short Term Residential \$123 per day Long Term Residential \$93 Residential Adolescents \$248

Recovery Support Services

- Recovery Coach
- Individualized Recovery Plan
- Relapse Prevention
- Emotional Support
- Informational Support
- Companionship Support

Recovery Support Services

- Instrumental Support
- On-site 12-step support groups
- GED Preparation
- Wireless Internet
- Basic Computer Skills
- Life Skills
- Transitional Housing
- Employment Referral

The Big Picture!

Attitudes and policies toward addiction and recovery will change only when local faces of addiction and recovery are brought into the consciousness of American citizens, professional helpers, and policy makers.

RCO-What Flavor are you?



Issue Faced Today!

- Lack of understanding of substance use disorders as a chronic health condition.
- Collateral consequences are associated with addiction that are punitive and would not be associated with any other chronic health condition.
- Communities are not “recovery friendly” in many cases with addiction being stigmatized rather than normalized.

Collateral Consequences

“The denial of basic social services and benefits to individuals who are convicted of drug offenses represent the “collateral consequences” of the war on drugs. These consequences not only discriminate against families and communities of color as well as poor communities, but also intensify the struggles individuals face on the road to recovery and rehabilitation by erecting significant barriers.

Levi, R. and Apel, J. (2003, June 13). *Collateral Consequences: Denial of Basic Social Services Based Upon Drug Use*. Retrieved from Drug Policy Alliance.

Collateral Consequences

While various challenges have been made to oppose these policies at the state and national level, a firm commitment to looking at these post-incarceration and conviction policies in their entirety should also serve to understand their broader effects. What is revealed is a pattern of discrimination that only serves to undermine, rather than bolster, a commitment to ensuring the public health and well-being of families and communities affected by the war on drugs. “

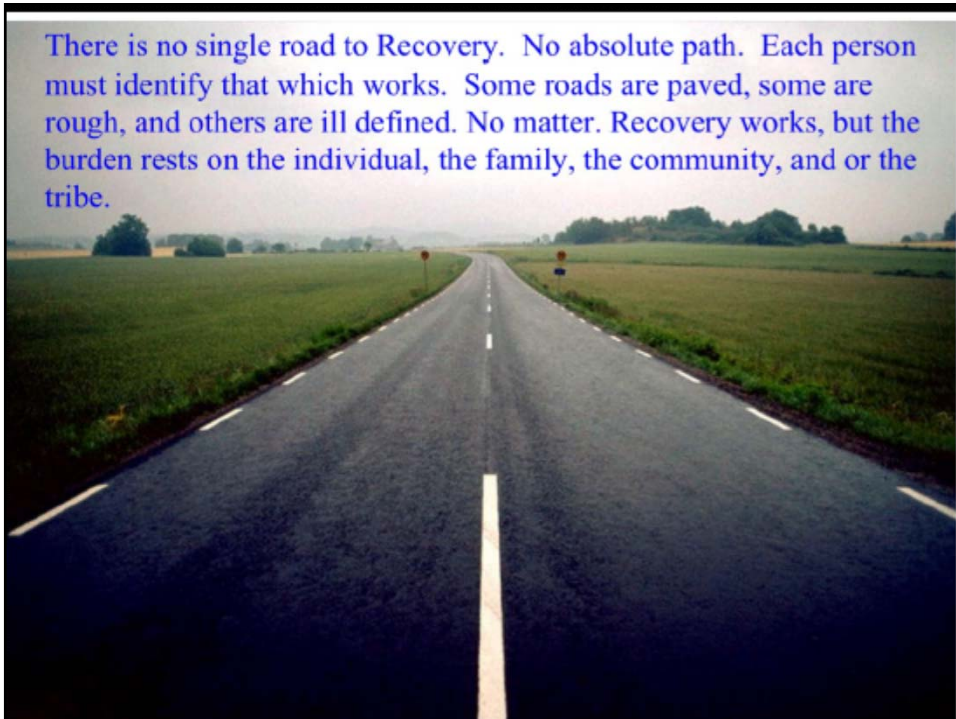
Deaths in Jail/Chronic Health Issue

- 32 year-old David Stocjevski died on June 27, while inside Macomb County Jail
- He was sentenced for 30 days for not paying a careless driving ticket
- He was naked on the jail cell stone floor for 16 days
- 50 lbs. lighter while experiencing excruciating painful slow withdrawals from his addiction

In Conclusion:

- The strength and future growth of the recovery support services and the recovery advocacy movement depends on a broad base of support.
- Michigan has a dynamic recovery community and hope you partner with your local recovery community organizations
- In addition you become familiar with them, but encourage those you work with to do the same.

There is no single road to Recovery. No absolute path. Each person must identify that which works. Some roads are paved, some are rough, and others are ill defined. No matter. Recovery works, but the burden rests on the individual, the family, the community, and or the tribe.



Questions



Presenter 1

Name: Marci Scalera, ACSW, LMSW, CAADC
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Presenter 2

Name: Mark Witte, MSW
Agency: Lakeshore Regional Partners
Email: markw@lsre.org

Presenter 3

Name: Andre Johnson, MA
Agency: Detroit Recovery Project Inc.
Email: ajohnson@recovery4detroit.com

Thank you!

Next webinar – February 24, 2016

Topic: TBA

Missed a webinar? View our archives at
<http://tinyurl.com/GLATTC-BHWS>