

ROSC & Ethics: *Has Anything Changed?*

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Key Messages

- ROSC and its seven building blocks. How do they apply?
- Ethics, what it means and who has to have them.
- Aligning your organizations ethics with ROSC.

What is a ROSC?

Recovery Oriented systems support person centered and self-directed approaches to care that build on the strengths and resilience of individuals, families, and communities to take responsibility for their sustained health, wellness, and recovery from alcohol and drug problems.

-- CSAT, SAMHSA

Recovery-oriented systems of care (ROSC) are networks of formal and informal services developed and mobilized to sustain long-term recovery for individuals and families impacted by severe substance use disorders. The system in ROSC is not a treatment agency, but a macro level organization of a community, a state or a nation.

-- William "Bill" White

7 Building Blocks of a ROSC

1. Aligning treatment with a ROSC
2. Fully integrating Peer and other Recovery Support Services
3. Supporting the development of a mobilized activated Recovery Community.
4. Recovery-oriented performance improvement and evaluation
5. individualized, Evidence-based services (appropriate to Trauma, Culture, Gender, etc)

7 Building Blocks of a ROSC

6. Focus on Prevention and Early Intervention through Promotion of population and community health.

7. Fiscal Policy, Regulatory and Administrative Alignment

ROSC as a Conceptual Framework & Road Map



SOCIAL SUPPORT

NAMI

Peer Support

Housing Improvements

Treatment and Medication Support

Employment Opportunities

AA and NA

Family Education

Faith-based Support

Physical Health

RCOs

Healthy relationships

Life skills training

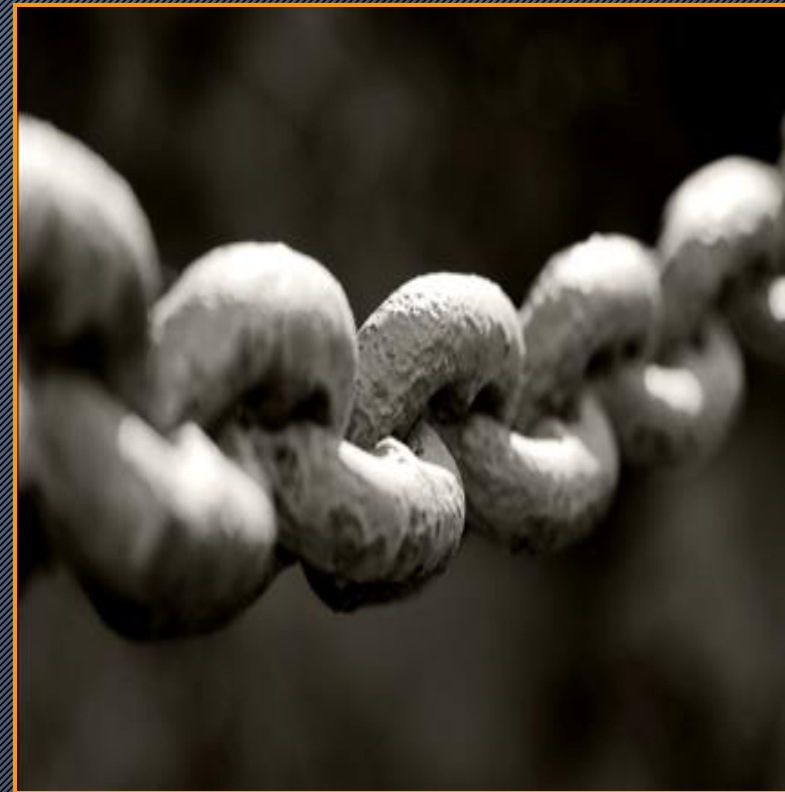
VALUES UNDERLYING A ROSC

- Person-centered
- Self-directed
- Strength-based
- Participation of family members, caregivers, significant others, friends, community
- Individualized, comprehensive services and supports
- Community-based services and supports



OPERATIONAL ELEMENTS OF A ROSC

- Collaborative decision-making
- Continuity of services & supports
- Service quality & responsiveness
- Multiple stakeholder involvement
- Recovery community/peer involvement
 - ✓ Outcomes-driven
 - ✓ For the individual
 - ✓ For the system

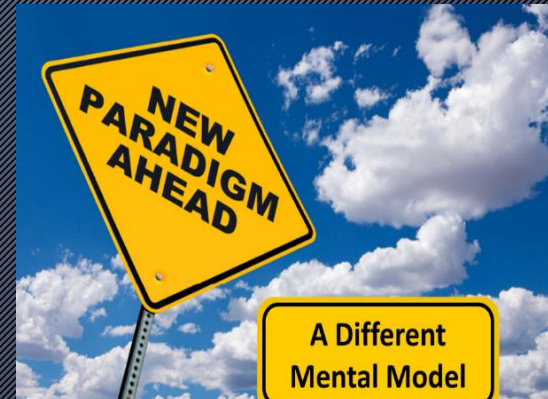


Recovery-Oriented Systems of Care shifts the question from

“How do we get the client into treatment?”

to

“How do we support the process of recovery
within the person’s life and environment?”





ETHICS

What does it have to do with anything?

What is Ethics?

Ethics is a code of thinking and behavior governed by a combination of personal, moral, legal and social standards of what is right

POLL QUESTION

- Can you think of an instance in your career that you questioned the **Ethics** of your decision?

1. Yes

2. No

3. Maybe

ETHICS



Why is Ethical behavior important

Why is Ethical behavior important

- ❑ Program Effectiveness
- ❑ Standing in the Community
- ❑ Moral Credibility and Leadership
- ❑ Professional and Legal Issues



Who is subject to a “code of ethics”



Who is subject to a “code of ethics”

➤ Medical Professionals

➤ Youth Workers

➤ Mental Health Professionals

➤ Peers & Coaches

➤ Social Workers

➤ Case Managers

➤ Clergy

➤ Counselors

➤ **Everyone**

POLL QUESTION

- Are the **Ethics** of your organization clearly spelled out?

1. Yes
2. No
3. Maybe

Ethical issues in need of consideration



Ethical issues in need of consideration

CONFIDENTIALITY

CONSENT

DISCLOSURE

COMPETENCE

Ethical issues in need of consideration

□ CONFLICT OF INTEREST

□ GROSSLY UNETHICAL BEHAVIOR

□ GENERAL ETHICAL RESPONSIBILITIES

POLL QUESTION

- Have you ever felt that your own personal **Ethics** were in conflict with your organizations?
1. Yes
 2. No
 3. Maybe

Food for Thought

- ❑ Because ethical issues are not always cut and dried, community programs should work out their own ethical guidelines and policies before questions actually arise.
- ❑ All staff should be aware of the organizations ethical guidelines. To include administration, counselors, coaches, and peers.

New Ethical Dilemmas in the Digital Age



USE of TECHNOLOGY



Ethics

Use of technology by counselors & peers

- is increasing
- presents unique ethical dilemmas





3 waves in the advancement of technology

(McMinn, Buchanan, Ellens, & Ryan, 1999)

In **1999**, experts predicted advances in technology for therapists/counselors

1. Fax machines, Word processors, answering machines, and voice mail machines
2. Enhancement of test administration, scoring, and interpretation
3. Use of telephone, e-mail, and chat rooms

Did we have ethical codes regarding using fax machines or voice mail ten to fifteen years ago?

AND NOW.....



Technology has invaded our lives ...



... and its *Creeping* into clinical practice



Technology 'Creep'

- Lack of literature and research to provide guidance
- Technology may be used as part of the '*Therapeutic Exchange*' and then WHAT?
 - *Documentation of the exchange*
 - *Guidelines for the exchange*

Practitioners are vulnerable to being *blindsided* by NEW ethical dilemmas



(Crowley & Gottlieb, 2012)

“Why did I not see this coming?”



Social Network Site

... a website that provides a venue for people to share their activities with family, friends, and colleagues, or to share their interest in a particular topic.

Examples include:

Facebook, Google+, LinkedIn, Twitter

Clinicians must be aware that **all** of their online postings, blogs, or chats may be viewed by their clients and will stay online, in some form, forever.



Some professionals are....

...ethically astute but struggle to keep up with the technology.



...comfortable with technology but less familiar with ethical codes.

UNETHICAL
UNETHICAL
**UNETHICAL**
ETHICAL

Questions to Ask Yourself Before Posting

- What are the costs and benefits of posting the information?
- Is there a high probability that clients will be significantly and negatively affected?
- How will the disclosure affect my relationship with my clients?
- Does the disclosure threaten my credibility or undermine the public's trust in the field of counseling?

Do you or your staff
EMAIL or **TEXT**
clients?

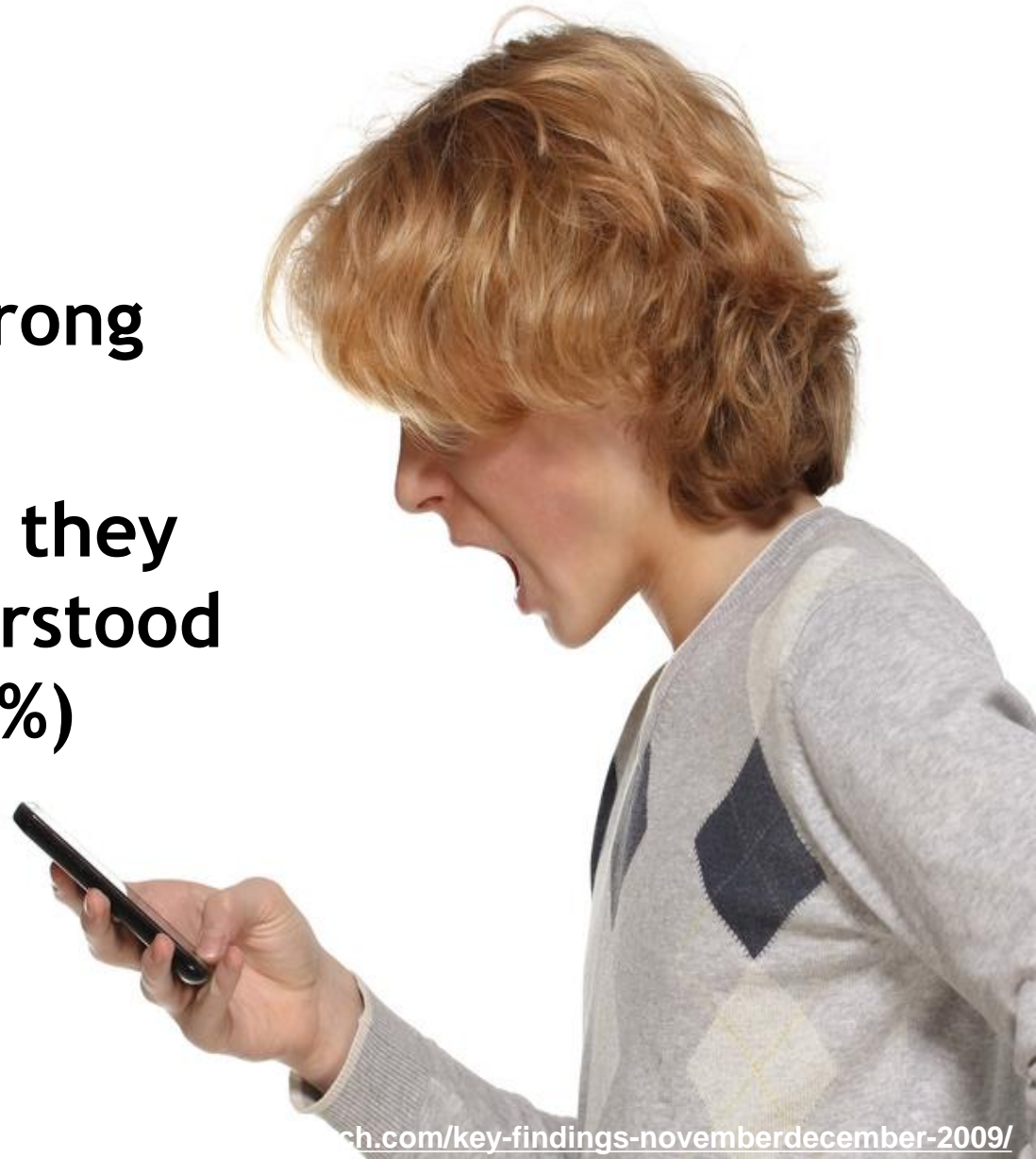


SO WHAT'S THE BIG



More than one-third of cell phone users

- have sent a text message to the wrong person (38%)
- report that a text they sent was misunderstood by the reader (37%)



“Traditional Short Message Service (SMS) text messaging is non-secure and non-compliant with safety and privacy regulations under HIPAA. Messages containing ePHI can be read by anyone, forwarded to anyone, remain unencrypted on telecommunication providers’ servers, and stay forever on sender’s and receiver’s phones.”



Regulatory, ethical, and legal standards in psychology are not advancing at the same rate as technological advances

Code of ethics

Need to be
re-written to
address social
network
technologies

Ethical Codes Related to the use of Technology in Counseling/Therapy/Treatment

- ❑ American Mental Health Counselor Association (AMHCA)

http://www.amhca.org/assets/news/AMHCA_Code_of_Ethics_2010_w_pagination_cxd_51110.pdf

- ❑ American Association of Marriage and Family Therapy (AAMFT)

http://www.aamft.org/imis15/content/legal_ethics/code_of_ethics.aspx

- ❑ National Association of Social Workers (NASW)

<http://www.socialworkers.org/pubs/code/code.asp>

‘Adapting to the new culture wisely will necessarily involve both **understanding the ethical principles** themselves as well as **developing competence in the technology** of the burgeoning digital culture.’

Frequent concerns

1. What about confidentiality?
2. Do peer staff abide by the same ethical standards?
3. What about Face Book?
4. What happens if someone relapses?
5. Will peer staff be held to a different standard?



“If we allow ourselves to sustain a large-enough vision, the recovery community can radically alter the social or of society.”

Tom Hill

Questions?

Resources

- Achara Consulting, Inc., Systems Transformation Leadership Institute
- **Recovery Allies of Michigan**, Kevin McLaughlin, A Recovery Community Organization.
- **William White Papers.com** Why Ethics must be considered.

Contact Information

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**Thank
YOU**

Mahalo

Kiitos

Tack

Toda

Grazie

Obrigado

Thanks

Takk

Merci

Gracias