



ROSC as a Framework for Recovery and Resilience-Focused Integrated Health & Wellness

TRAINERS: LONNETTA ALBRIGHT, EXECUTIVE DIRECTOR, GREAT LAKES ATTC

DATE: JANUARY 22, 2014

TIME: 12:00 PM – 1:30 PM CENTRAL TIME

BRIEF DESCRIPTION:

Shifting our thinking, shifting our focus, reducing costs, re-alignment, integration, transformation, evidence-based practices, Behavioral Health, Primary Health, Recovery Oriented Systems of Care (ROSC) – the list goes on. As providers we wonder: how will we thrive in an era of change. How will re-aligning systems and reducing costs benefit individuals, families and communities? And how will we help people to achieve *A Life in the Community*? At the core of all of the questions and strategies is – It's All about Health! Recovery is about Health, Wellness and Resilience!

OBJECTIVES:

1. Understand what we mean by “Recovery”, Recovery Management and ROSC
2. Understand the Major Drivers leading to the focus on ROSC
3. Raise and expand awareness about ROSC; its guiding principles, operational elements and components
4. Learn about 7 Building Blocks of a ROSC (Achara Consulting Inc.)
5. Understand how treatment looks different in a ROSC
6. Recognize alignments of ROSC with Behavioral Health-Primary Care Integration
7. Hear about experiences from across the country
8. Explore what one person, provider, and community can do to help people initiate and sustain their recovery
9. Receive a brief overview of Transformational Change

RECOMMENDED READING AND OTHER RESOURCES

Monographs:

1. [Recovery Management](#)
2. [Peer-based Addiction Recovery Support: History, Theory, Practice, and Scientific Evaluation](#)
3. [Recovery Management and Recovery-Oriented Systems of Care: Scientific Rationale and Promising Practices](#)
4. [Practice Guidelines for Resilience and Recovery Oriented Treatment](#)

Interviews:

1. [Dr. Ijeoma Achara, ROSC Transformation](#)
2. [Dr. Calvin Trent, ROSC in Detroit](#)

Websites:

1. www.attcnetwork.org/greatlakes
2. <http://www.facesandvoicesofrecovery.org/>
3. <http://beta.samhsa.gov/brss-tacs>
4. <http://www.centerstone.org/>



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Lonnetta Albright is Executive Director of the Great Lakes Addiction Technology Transfer Center (Great Lakes ATTC) at the University of Illinois /Jane Addams College of Social Work. Her regional ATTC leads the ATTC network's Recovery Management and Recovery-Oriented System Transformation efforts for the field. She led the 2008-2009 NIATx-ATTC pilot with the Detroit Recovery-Oriented System of Care (ROSC) provider network as well as other county and state ROSC transformation efforts across her ATTC's 6-state region. She led her ATTC's ROSC efforts in Africa under a PEPFAR sub-grant to train and build capacity within the substance abuse systems and recovery community in Tanzania and Zanzibar, Africa. During her 14 year tenure with the ATTC she chaired the National ATTC Criminal Justice committee; was a member of the National ATTC Research to Practice committee that created the *ATTC Change Book*, chaired the NIDA/SAMHSA-ATTC Blending Team to disseminate research results from the *Motivational Incentives for Enhanced Drug Abuse Recovery*, a NIDA-CTN study and is past co-chair of the ATTC Recovery Committee.

She is a member of, SAMHSA's Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) Steering Committee, National TASC, Illinois Drug Policy Coalition, Governor State University's Addiction Studies Council, NAACP, National Council of Negro Women and National Association of Professional Women. With a Bachelor's degree in Education, graduate studies in Public Administration, she is also certified by the American Management Association, a Certified Personal and Executive Coach (CPEC) and holds a Certificate of Law for Community Developers from the John Marshall Law School in Chicago.

Publications include: Co-author of a paper accepted for publication in the CTN 10th Anniversary issue of the Journal of Substance Abuse Treatment, *Partnerships and Pathways of Dissemination: The NIDA Blending Initiative in the CTN*, Journal of Substance Abuse Treatment 38 (Suppl 1) (2010) S31-S43; forewords and/or epilogues for ATTC monographs: 1) *Recovery Management*, 2) *Perspectives on Systems Transformation: How Visionary Leaders are Shifting Addiction Treatment Toward a Recovery-Oriented System of Care*, and 3) *Recovery Management and Recovery-Oriented Systems of Care: Scientific Rationale and Promising Practices* and Co-author with William White, *Calling a new generation of leaders-Counselor Magazine*.