



## WEBINAR TITLE: An Overview of Medication-Assisted Treatment Approaches for Treating Opioid Addicted Individuals

**TRAINER:** BETH RUTKOWSKI, MPH, PACIFIC SOUTHWEST ATTC

**TOPIC:** MEDICATED ASSISTED TREATMENT

**DATE:** MAY 28, 2014

**TIME:** 12:00 PM – 1:30 PM CENTRAL TIME

**BRIEF DESCRIPTION:** The purpose of this Webinar is to provide participants with a brief overview of medications that have been shown to be effective as a component of the treatment of opioid addiction. Topics will include: the context for medication-assisted treatment (positive and negative perceptions), the epidemiology and user demographics of the opioid problem, a review of the various classes of opioids, an overview of each medication, its indication, to whom it is administered, and how it works, and treatment settings for medication-assisted treatment. Medications will include: naltrexone, methadone, and buprenorphine. Time will be provided for discussion and questions.

### OBJECTIVES:

At the end of the MAT Webinar, participants will be able to:

1. Describe at least three (3) acute and chronic effects of opioids.
2. Describe the prevalence of and key populations impacted by opioid use, abuse, and dependence.
3. Provide examples of at least two (2) medications that are available to treat opioid addiction.

### RECOMMENDED READING AND OTHER RESOURCES:

**TIP 40: Clinical Guidelines for the Use of Buprenorphine in the Treatment of Opioid Addiction**  
(<http://www.ncbi.nlm.nih.gov/books/NBK64245/pdf/TOC.pdf>)

**TIP 43: Medication-Assisted Treatment For Opioid Addiction in Opioid Treatment Programs**  
(<http://www.ncbi.nlm.nih.gov/books/NBK64164/pdf/TOC.pdf>)

**NIATx: Getting Started with MAT with Lessons from Advancing Recovery**  
(<http://www.niatx.net/PDF/NIATx-MAT-Toolkit.pdf>)

**ATTC Network's MAT Resource Page:**

<http://www.attcnetwork.org/regcenters/generalContent.asp?rcid=10&content=STCUSTOM3>

**NIDA/SAMHSA Blending Initiative Resource Page:**

<http://www.attcnetwork.org/explore/priorityareas/science/blendinginitiative/index.asp>

**BRIEF BIO:**

Beth Rutkowski, MPH has been associated with UCLA's Integrated Substance Abuse Programs (ISAP) since December 2000, and currently serves as the Associate Director of Training. The majority of Ms. Rutkowski's time is devoted to the SAMHSA-supported Pacific Southwest Addiction Technology Training Center, where she assists in the development of training packages based on evidence-based substance use disorders research and targeted to the community at large. In addition, she organizes and conducts conferences and trainings throughout the Pacific Southwest region (Region 9, covering AZ, CA, HI, NV, and the six U.S. Affiliated Pacific Jurisdictions) on scientifically validated interventions and topics, such as substance use disorders research and policy, methamphetamine abuse, synthetic drugs, process improvement strategies to improve client engagement and retention in treatment, SBIRT, HIV and drug abuse, substance abuse epidemiology, medication-assisted treatment, and best practices in addiction treatment.