



Dryhootch.org

“helping veterans who survived the war,
survive the peace . . .”

From the Lessons of Vietnam



To Today

- Legal Issues
- Suicide
- Relationships / Divorce
- Addiction / Alcoholism
- Isolation, Denial, Anger
- PTSD
- Physical Problems

“never again shall one generation of veterans abandon another”

Generation Differences

- **Two generations between Wars re Veterans**
- **Older average age of those who serve**
- **Multiple Deployments**
- **Women now 15% of forces**
- **Socialization after service**
- **Knowledge of PTSD, TBI**

Veteran & Military Suicide

Suicide at highest level since beginning of wars

95 percent of military suicides are among enlisted members.

95 percent are male.

83 percent of the suicides occurred in the U.S. and 10 percent in Iraq or Afghanistan.

80 percent are Caucasian.

41 percent had a recent outpatient behavioral health service.

38 percent had served in Afghanistan or Iraq.

47 percent are under the age of 25.

34 percent had communicated their suicide intent.

30 percent had a personal relationship difficulty in the previous month.

20 percent had been prescribed antidepressants.

14 percent had exhibited prior suicidal behavior.

11 percent had been in combat.

6 percent had seen someone killed in combat.

Military Sexual Trauma

79% of Women in since Vietnam military report sexual harassment

Military woman twice as likely to be assaulted

MST reported by 20-30% of woman veterans

VA system is slow to address the issue

Women today at the front line in combat roles

Homelessness

16% of homeless adults in a one-night survey in January 2009 were veterans, though vets make up only 10% of the adult population.

More than 75,000 veterans were living on the streets. In that year, 136,334 veterans spent at least one night in a homeless shelter — a count that did not include homeless veterans living on the streets

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The urgency of the problem is growing as more people return from service in Iraq and Afghanistan. The study found 11,300 younger veterans, 18 to 30, were in shelters at some point during 2009.

Other . . .

- **Unemployment**
- **Relationships**
- **Alcohol & Drug Abuse**
- **Isolation**
- **Anger/hopelessness**

What are the symptoms of PTSD?

Difficulty concentrating

Lack of interest/apathy

Feelings of detachment

Hypervigilance

Alcohol & Drug Abuse

Exaggerated startle response

Sleep disturbances (lack of sleep, oversleeping)

Irritability - Anger

Isolation

Get Involved

- **Ask if person or spouse served in military**
- **Ask where served OIF – Iraq, OEF = Afghanistan**
- **Ask if used VA or TriCare**
- **If symptoms point to PTSD or TBI, refer to VA or TriCare for Mental Health Services**
- **Attend a Dryhootch Warrior Summit**
 - **Madison Oct 9th**
 - **Milwaukee Nov 8th**

What to do . . . ?

Suicide & Physical Abuse – **get help asap**

See if Mental Health Intervention team is available

Refer for treatment to VA, Vet Center or Tri-Care

Help from CVSO (County Veteran Service Officer)

Help from Dryhootch

Dryhootch.org





Dryhootch Milwaukee (TOC)

Opened September, 2010

Safe Environment



- Addiction rates of 80% are found in those veterans with PTSD (Vietnam Readjustment Study & Rand Report)
- Legacy Veteran Groups focused around Alcohol
- Social atmosphere conducive to brother/sisterhood
- Dryhootch offers a safe coffee house focus

A Healing Place



- Peer to Peer PTSD, AA, NA
- Family Groups & Sessions, Suicide
- Web based community – online groups, etc
- Legal Support, Housing Support,
- Partnership with VA & Community!

Outreach!



Virtual “www.digitalfob.org”



- Our new generation of warriors - staying together.
- Communicate with voice, email, text, or chat...
- Come hang out or get involved in our many activities.
- Stay informed and be apart of the community.
- Virtual Groups . . .



Dryhootch Milwaukee FOB

Across from Milwaukee VA

*Resources
for Law Enforcement Officers
Returning Home From a
Combat Zone*



A partnership with

**Milwaukee Police
Department POST**
&

Dryhootch.org

Law Enforcement, PTSD, & Veterans

- Over 200 Milwaukee Police Officers have served or are currently serving in a combat zone; they bring their war home to the streets.
- Dryhootch has partnered with the Milwaukee Police Department POST team to offer Peer to Peer group alternatives.



Questions?

- Speak up, I cant hear you!