

# State Youth Treatment- Implementation



THE SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION  
CENTER FOR SUBSTANCE ABUSE TREATMENT  
COLLABORATIVE AGREEMENTS FOR  
STATE ADOLESCENT AND TRANSITIONAL AGED YOUTH  
TREATMENT ENHANCEMENT AND DISSEMINATION IMPLEMENTATION  
SYT-I: #T1025993

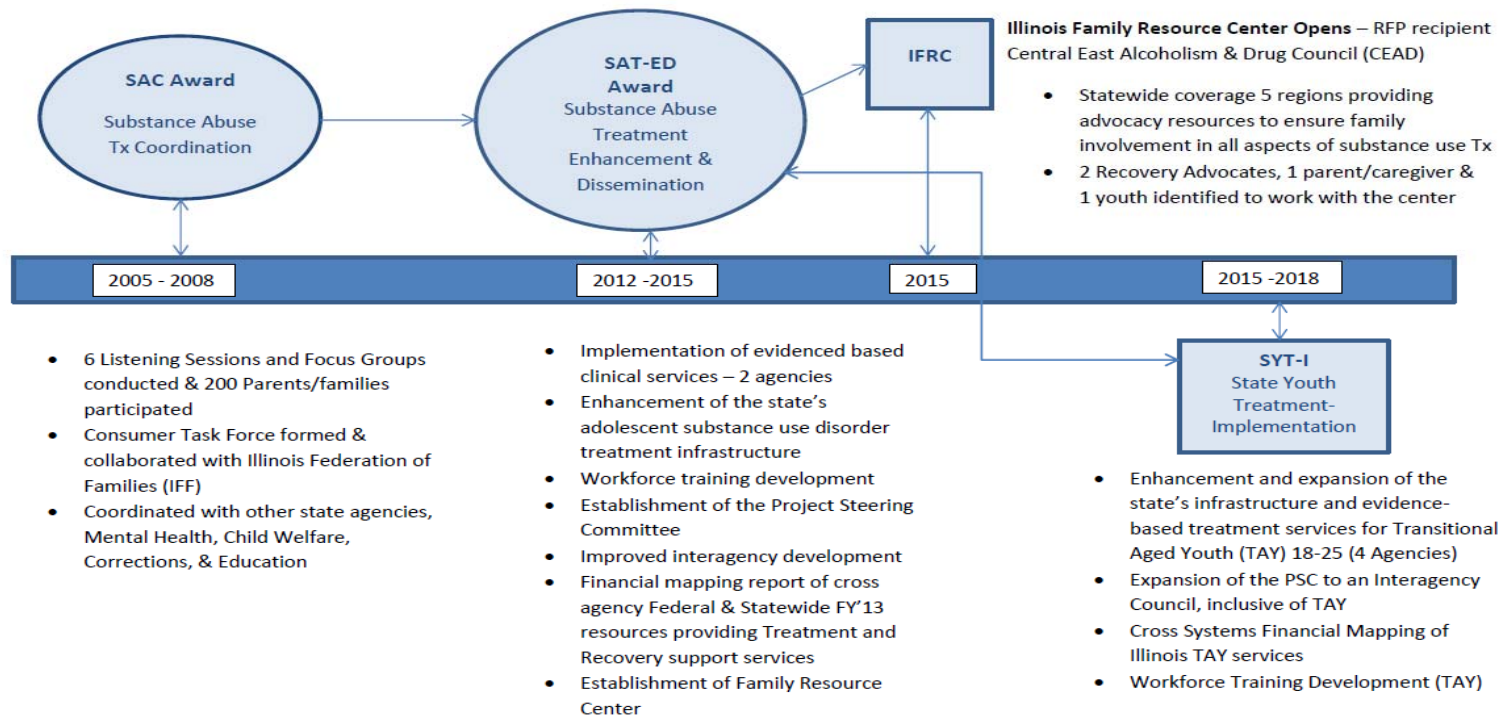
## Objectives



- Familiarize participants with the components of the SYT-I grant awarded to the State of Illinois
- Understand the unique needs of transitional aged youth
- Learn about how Illinois will improve substance use and co-occurring disorders treatment for transitional aged youth
- Discover opportunities for improving your own approach to SUD treatment for transitional aged youth

## Timeline of IDHS/DASA's Federal Adolescent Alcoholism and Drug Treatment Awards

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## Common Acronyms



- **A-CRA:** Adolescent Community Reinforcement Approach
- **ACC:** Assertive Continuing Care
- **ATTC:** Addiction Technology Transfer Center
- **CSAT:** Center for Substance Abuse Treatment
- **MHD:** Mental Health Disorder
- **SAMHSA:** Substance Abuse and Mental Health Services Administration
- **SUD:** Substance Use Disorder
- **SYT-I:** State Youth Treatment-Implementation
- **TAY:** Transitional Aged Youth

## Introduction



- Spring of 2015, SAMHSA/CSAT released the Cooperative Agreements for State Adolescent and Transitional Aged Youth Treatment Enhancement and Dissemination Implementation Request for Applications (SYT-I)
- **Illinois Awarded:** Illinois is one of Eleven (11) states awarded the SYT-I. Illinois to receive \$800,000, annually for 3-years.
- **Other SYT-I States:** Arizona, Iowa, Louisiana, Massachusetts, Maine, Montana, New York, Oklahoma, South Carolina, and Washington State

## TAY-Who Are They?



- Youth commonly identified in the child welfare system between the ages of 16 and 24 who are transitioning out of state custody or foster care
- IDHS/DASA identifies TAY as those aged 18-25yo
- Also Known As
  - Emerging Adults
  - Transitioning Youth
  - Aged Out
  - Disconnected Youth

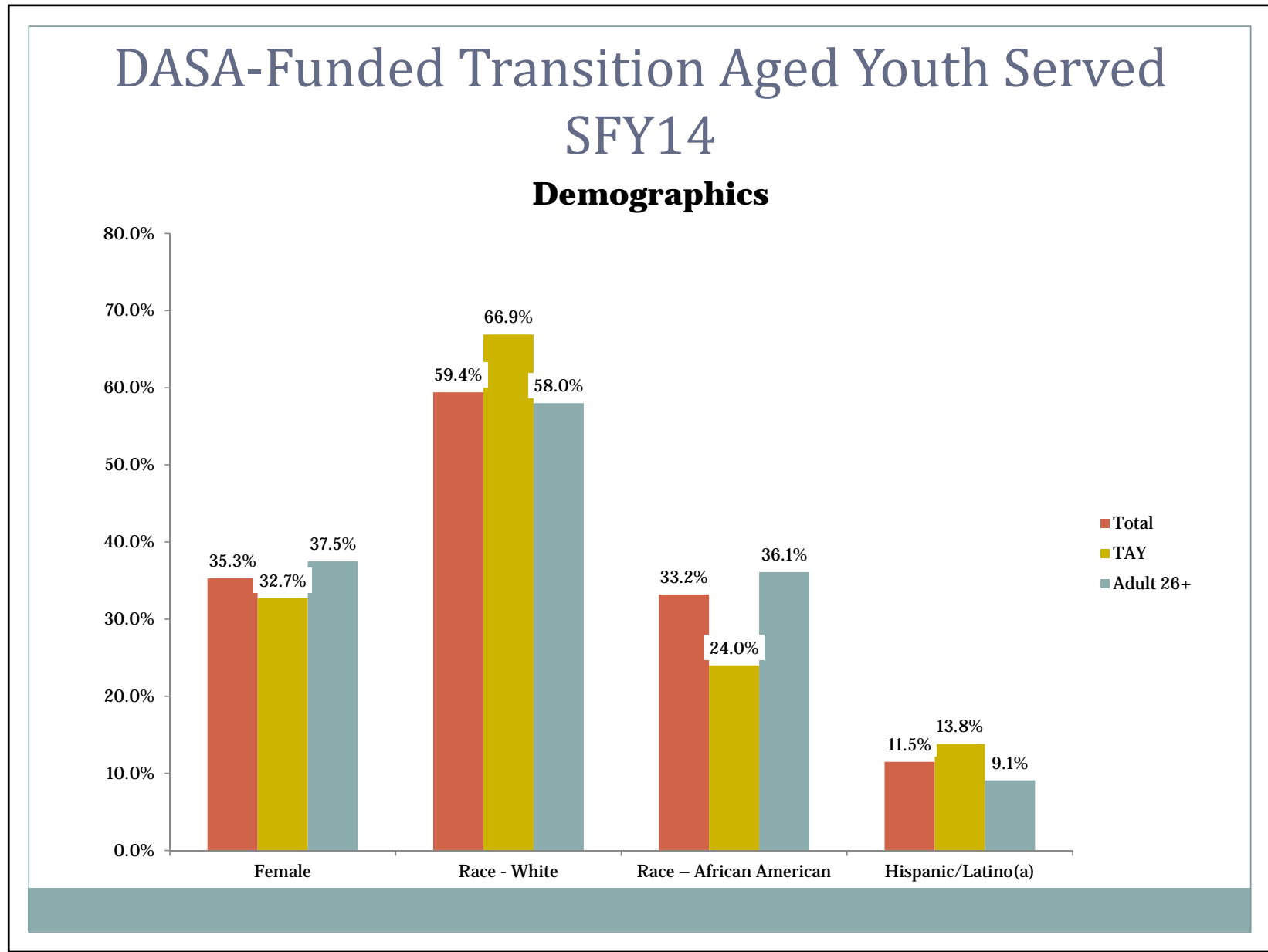
# Transition Aged Youth (TAY)



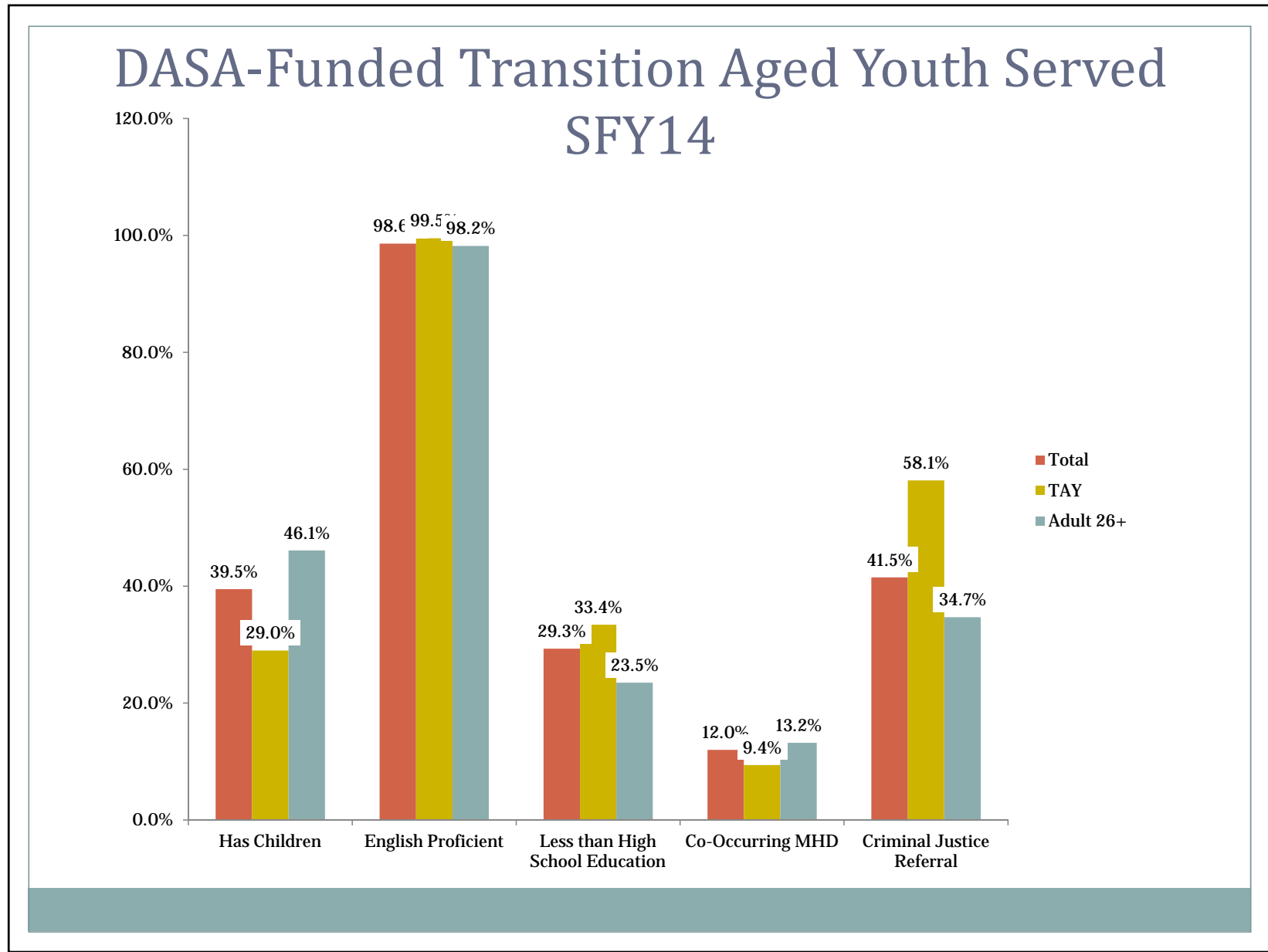
**Based On SFY14 DARTS Data  
(DASA's Administrative/Funding  
Database)**

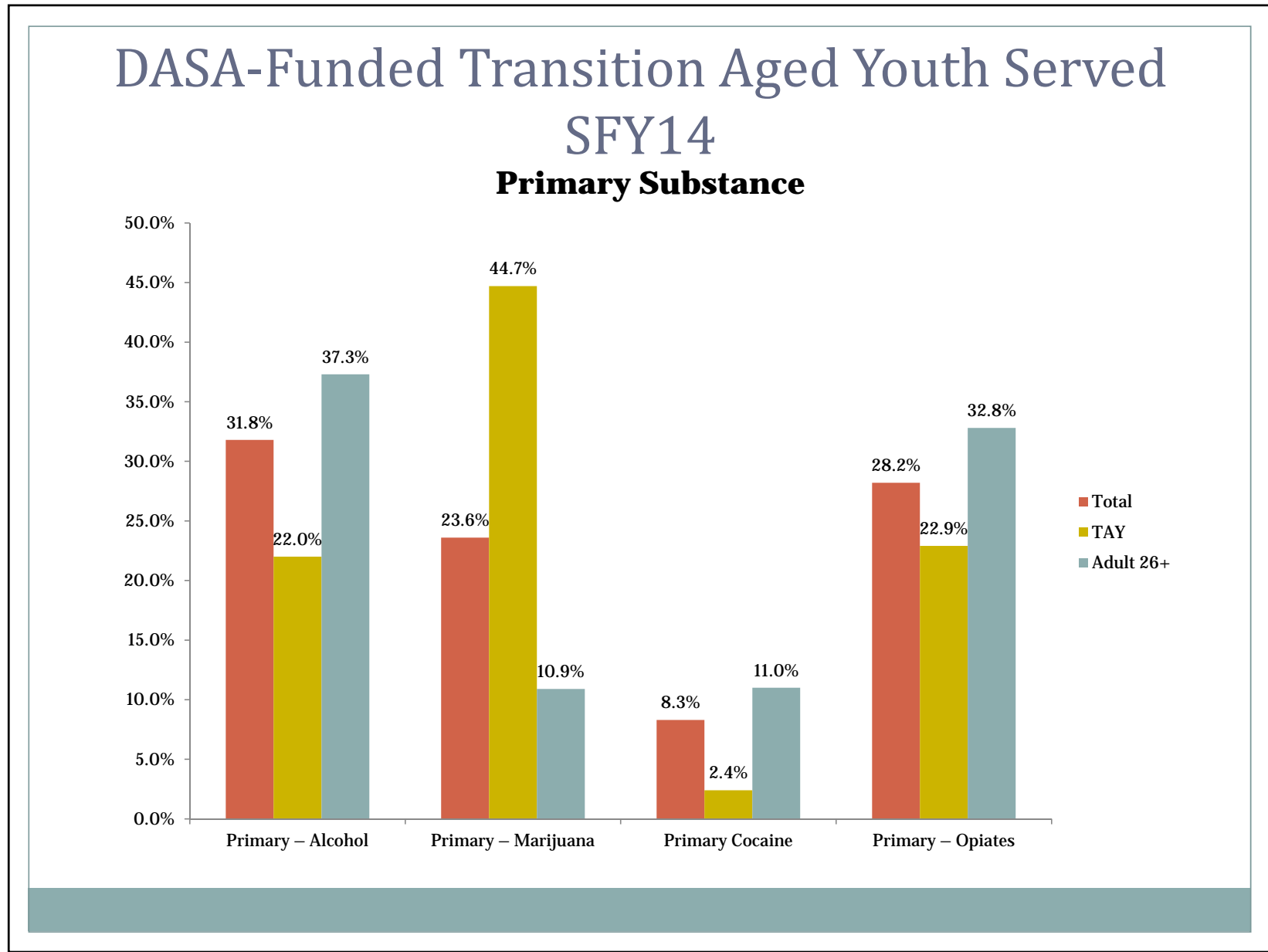
**N = 15,997 TAY Aged 18 To 25  
74,079 Total  
52,192 Adults 26+**

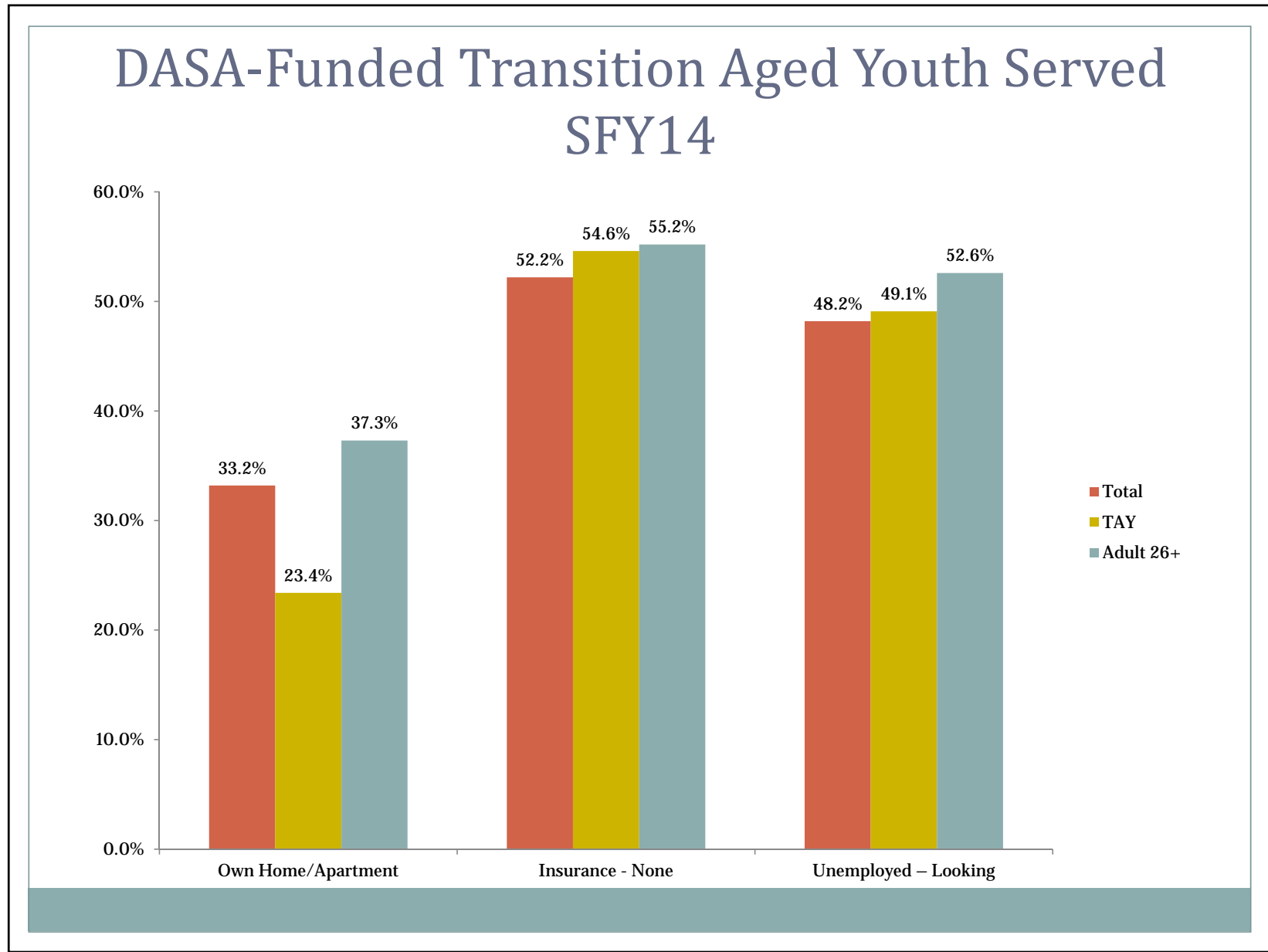
**TAY Make Up 21.6% Of The Total  
Average Age = 21.6**

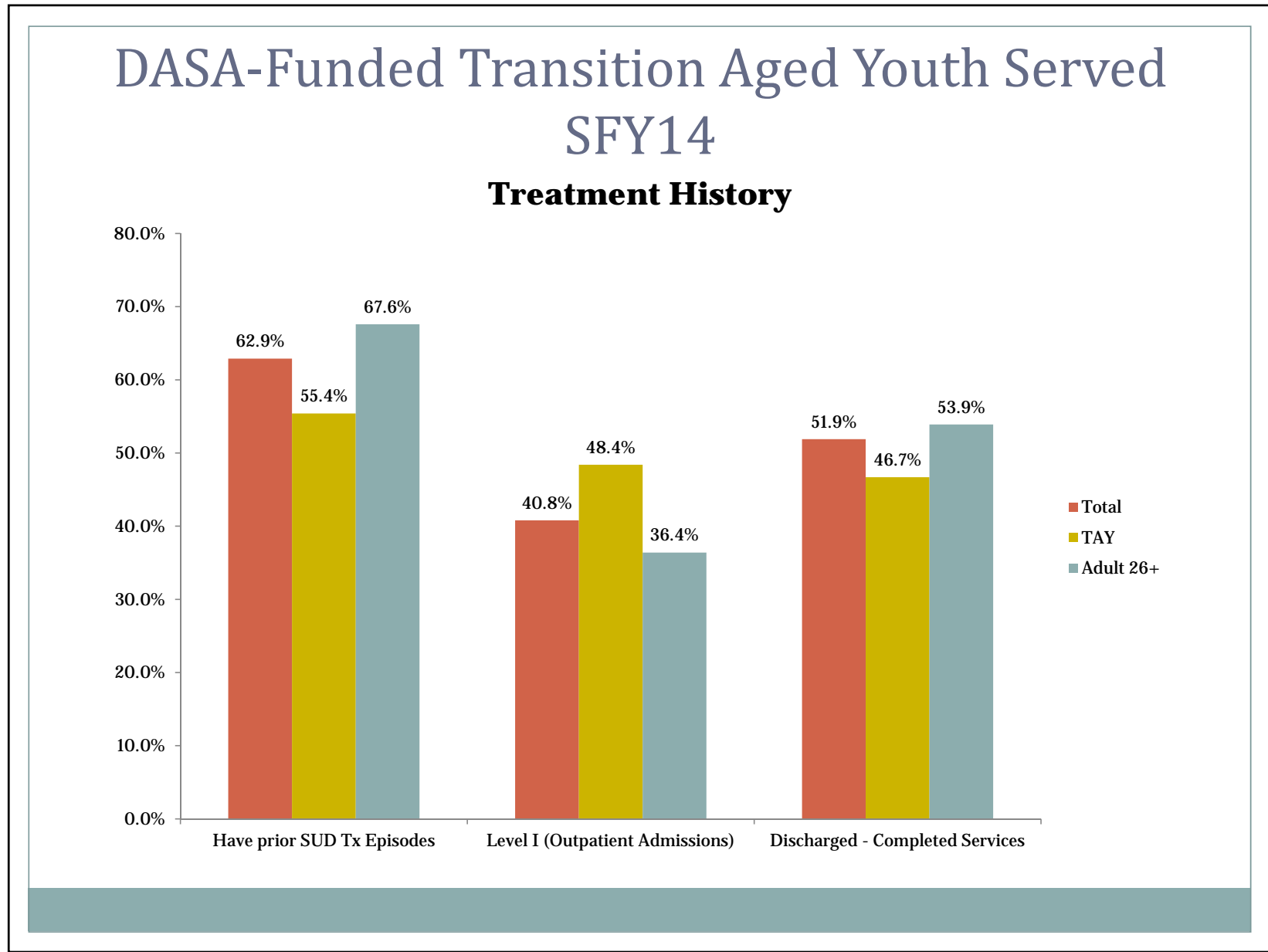












## The Development Needs of the TAY



- Greater independence in their relationship with their peers
- Increased problem solving skills
- Graduation (High School/College)
- Establishment of healthy relationships with a peer group
- Selection of a career goal
- Becoming more socially responsible
- Acquiring a set of values to guide their behavior

## SYT-I Exists to...



- To bring together stakeholders across the systems serving those 18-25 years old in an effort to strengthen an existing coordinated network
- To enhance/expand
  - Treatment services
  - Develop policies
  - Expand workforce capacity
  - Disseminate Evidence-based practices, and
  - Implement financial mechanisms and other reforms
  - in order to improve the integration and efficiency of Substance Use Disorder treatment
- Overall it is designed to improve the integration and efficiency of SUD treatment and recovery support services that are available to TAY

## The SYT-I Award for the State of Illinois will..



- Funds will support an enhancement and expansion of the Illinois adolescent/transitional aged youth service system
- Support training for the evidence-based model Adolescent Community Reinforcement Approach (ACRA) coupled with Assertive Community Care (ACC)
- Provide services to at least 400 unduplicated male and female youth between 18 and 25 years of age

## Anticipated Results of Goal Achievements



- Improved long-term recovery and post-treatment outcomes among TAY with SUDs in Illinois.
- The implementation of A-CRA and ACC can allow TAY to view treatment as a continuum of care that focuses on sustaining recovery and allowing these youth to practice skills and build a drug-free lifestyle in their natural environment.
- The implementation of the A-CRA coupled with ACC will ensure that an increased number of Illinois providers will be using approaches that are developmentally appropriate and that TAY have access to these evidence-based treatment and recovery support practices.



## Anticipated Results of Goal Achievements



- The Illinois SYT-I initiative will serve as a learning laboratory through which Illinois can strategize improving TAY access to a full continuum of services during and beyond this award grant.
- A strengthened voice of TAY and their family members in the implementation of these services, that are shown to improve the quality of care and sustainability of changes made.
- An expanded Illinois Adolescent/TAY Interagency Council that will have oversight and help ensure that results are meaningful and relevant.

# Interagency Council Representation



- Illinois Department of Healthcare and Family Services (HFS)
- IDHS/Division of Family and Community Services
- IDHS/Division of Mental Health Services
- Illinois Department of Children and Family Services
- Illinois Department of Juvenile Justice
- Illinois Department of Public Health
- Illinois State Board of Education
- Illinois Certification Board (ICB)
- Illinois Alcoholism and Drug Dependence Association (IADDA)
- Illinois Family Resource Center
- Community Behavioral Healthcare Association (CBHA)
- Great Lakes Addiction Technology Transfer Center (Great Lakes ATTC)
- Young People in Recovery
- SYT-I Providers (Alternatives, Breaking Free, Centerstone, Sinnissippi)
- SAT-ED Provider (Youth Outreach Services)

## SYT-I Infrastructure Goals



- A **Fiscal Mapping Plan** specific to public funding in support of TAY services
- A **TAY Workforce Development Plan** that focuses on personnel who currently provide services to 18 to 25 year olds and could benefit from further development to assure responsiveness to the needs of this target population
- The inclusion of **Family and Youth** representation among the members of the Interagency Council

## What We Are Going to Do for You



- **The SYT-I project:**
  - Determine the needs of Illinois SUD and Co-occurring treatment providers who serve TAY
  - Free training through different platforms
  - Availability to provide consultation
  - Exposure to evidenced-based practices with the TAY population
  - Support families with resources and education
  - Provide leadership opportunities for TAY

## What We Need From You



### The SYT-I project:

- Be open to exploring how you provide treatment for TAY
- Get involved with the project
- Get your young people involved in the project
- Be responsive to DASA outreach efforts
- Attend and participate in trainings provided
- Share your TAY needs with Kellie Gage

# Thank You!



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