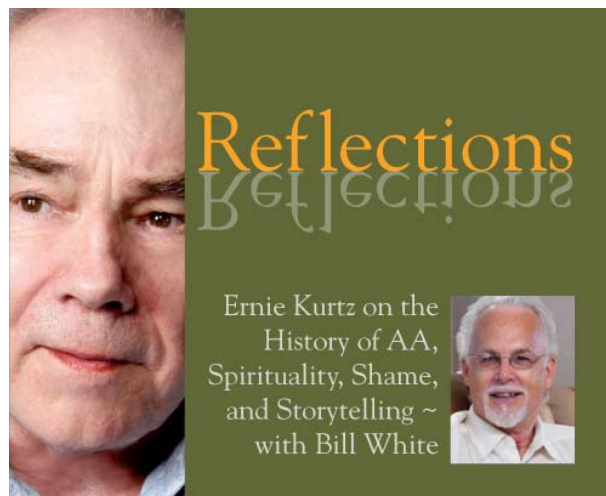


Reflections:

Ernie Kurtz on the History of AA, Spirituality, Shame, and Storytelling - with Bill White



Continuing Education

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Note: Although they have been developed to measure learning, the questions beginning on Page 3 can also be used in a study or discussion group format. The group might watch each of the DVD chapters, then discuss their answers to the questions for that chapter.



How to Apply for CEUs

This DVD has been approved for 5 CEUs from the National Association of Alcohol and Drug Abuse Counselors (NAADAC) and UIC Jane Addams College of Social Work is approved by the *Illinois Dept. of Financial and Professional Regulation as a sponsor of social work continuing education. This DVD has been approved for 5 social work CEUs.

To apply for these CEUs from the Great Lakes Addiction Technology Transfer Center, please:

1. Complete the CEU Application Form on the bottom half of this page.
2. Make copies of all of the completed exercises and evaluation form that follow this form.
3. Mail the CEU Application Form, the exercises and evaluation photocopies, and a check or money order for \$5.00 made payable to Great Lakes ATTC, to:

UIC - Great Lakes ATTC
Ernie Kurtz CEUs
1640 W. Roosevelt Road, Suite 511 (MC 779)
Chicago, Illinois 60608-1316

4. A certificate will be mailed to you after your work has been evaluated.

*For those requesting Social Work CEUs from states other than Illinois, we can work with your state credentialing provider for approval.
If you have any questions about this process, please call the Great Lakes ATTC at (312) 996-0966.

CEU Application Form

Certification Information

Type of certification request: NAADAC Social Work * Both

Name: _____ Licensing #: _____

Title: _____

Organization: _____

Address to Mail CEUs: _____

This is a: work _____
 home address _____
(Check one)

*\$5.00 fee applies for both.

Continuing Education Questions

Chapter 1

- 1A.** Dr. Kurtz described the serendipitous events that led to his study of the history of AA and his emergence as the definitive AA historian. Discuss whether and how similar types of events or circumstances may be pointing you toward an area in which you could make a significant contribution to the field.
- 1B.** Dr. Kurtz discussed the ways in which he has attempted to bridge the divide between AA and addiction treatment professionals through his writings and presentations. What do you see today as the major obstacles to more effective cooperation between recovery mutual-aid groups and addiction treatment institutions? What strategies might be used to overcome these obstacles?

1C. Dr. Kurtz referred to recovery mutual-aid groups that pre-dated AA and groups that were founded after AA. Discuss the factors you think have contributed to AA's survival and national and international growth.

1D. (Optional) Dr. Kurtz discussed five criteria for identifying what he referred to as "real AA": 1) the language of spirituality, 2) humor, 3) story style, 4) respect for AA's 12 traditions, and 5) participation out of necessity rather than desire. If you go to AA meetings, discuss below the extent to which each criterion was represented at the meeting. (And if you've always wanted to try going to an open AA meeting, here is an opportunity.)

Chapter 2

2A. Dr. Kurtz discussed what he refers to as the “varieties of AA experience.” Based on your personal and professional experience with people in recovery, discuss the varieties of recovery experience you have witnessed.

2B. What do you think are the implications of the varieties of recovery experience for addiction counselors?

2C. What characteristics do religious, spiritual, and secular pathways of recovery have in common?

2D. Dr. Kurtz described several core spiritual realities: release, gratitude, humility, tolerance, forgiveness, being at home, openness, and honesty. Choose three of these and discuss their roles in the process of recovery from addiction.

- 2E.** Discuss what you think is the broader role of spirituality in addiction treatment, recovery initiation, recovery maintenance, and quality of life in long-term recovery.

Chapter 3

3A. Dr. Kurtz emphasized several differences between shame and guilt. Discuss what you think are the most important of these distinctions.

3B. What are the similarities and differences between the ways in which guilt and shame are addressed in addiction treatment and the ways in which they are addressed in AA and other 12-step programs?

3C. Discuss the roles that “shared woundedness” and “acceptance of limitation” play in the effectiveness of addiction counselors.

3D. Dr. Kurtz noted several critical dimensions of effective mentorship—reciprocal benefit, mutual enthusiasm, non-possessiveness, linkage to a larger network of information and people, and honesty. How do these dimensions reflect your past or current experiences as a mentee and/or mentor?

Customer Satisfaction Survey

Please complete this survey about the content of the DVD you have just seen

PLEASE INDICATE HOW SATISFIED YOU ARE WITH THESE STATEMENTS ABOUT THE TRAINING.	<u>Very Satisfied</u>	<u>Satisfied</u>	<u>Neutral</u>	<u>Dissatisfied</u>	<u>Very Dissatisfied</u>
1. How satisfied are you with the overall quality of the content of this DVD?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. How satisfied are you with the quality of the audio-visual style?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PLEASE INDICATE YOUR AGREEMENT WITH THESE STATEMENTS ABOUT THE TRAINING.	<u>Strongly Agree</u>	<u>Agree</u>	<u>Neutral</u>	<u>Disagree</u>	<u>Strongly Disagree</u>
3. The content of the DVD was well organized.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. The material presented in this DVD will be useful to me in dealing with substance abuse.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Dr. Kurtz was knowledgeable about the subject matter.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Dr. Kurtz was well prepared to answer the questions presented to him.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Mr. White asked appropriate and meaningful questions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. I am currently effective when working in the area of spirituality and recovery.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. The DVD enhanced my skills in this area.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. The content of the DVD is relevant to my career.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. I expect to use the information I have gained from this DVD in my professional activities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. I expect that the content of the DVD will benefit my clients.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

13. The content of the DVD is relevant to substance abuse treatment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. I would recommend this DVD to a colleague.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. I have adequate knowledge in the area of spirituality and recovery.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. I possess the skills required in this topic area.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. How useful was the information you received from the instructor?	Very <u>Useful</u> <input type="checkbox"/>	<u>Useful</u> <input type="checkbox"/>	<u>Neutral</u> <input type="checkbox"/>	<u>Useless</u> <input type="checkbox"/>	Not <u>Applicable</u> <input type="checkbox"/>

18. Please indicate which title best describes your job:

<input type="checkbox"/> Medical Director <input type="checkbox"/> Physician <input type="checkbox"/> Nurse <input type="checkbox"/> Physician's Assistant <input type="checkbox"/> Pharmacist <input type="checkbox"/> Other (please describe) _____	<input type="checkbox"/> Clinical Administrator/Manager <input type="checkbox"/> Clinical Supervisor <input type="checkbox"/> Psychologist <input type="checkbox"/> Counselor <input type="checkbox"/> Social Worker <input type="checkbox"/> Manager/Director	<input type="checkbox"/> Federal Government Official <input type="checkbox"/> State Government Official <input type="checkbox"/> County Government Official <input type="checkbox"/> Researcher <input type="checkbox"/> Other (please specify): _____
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19. Please indicate which best describes your agency or affiliation:

- | | |
|---|---|
| <input type="checkbox"/> Federal Government | <input type="checkbox"/> Substance Abuse Treatment Program |
| <input type="checkbox"/> State Government | <input type="checkbox"/> University or other higher education institution |
| <input type="checkbox"/> County Government | <input type="checkbox"/> Other (please describe) _____ |
| <input type="checkbox"/> Local Government | |

20. What is your gender? Male Female

21. Are you Hispanic or Latino? Yes No

22. What is your race (Mark all that apply)?

- | | |
|--|--|
| <input type="checkbox"/> Black or African American | <input type="checkbox"/> Alaska Native |
| <input type="checkbox"/> Asian | <input type="checkbox"/> American Indian |
| <input type="checkbox"/> White | <input type="checkbox"/> Native Hawaiian or Other Pacific Islander |

23. What about the training was most useful in supporting your work responsibilities?

24. Would you purchase self study products, like this DVD, from Great Lakes ATTC / ATTC Network in the future? Yes No

Please indicate why you would or would not purchase a product like this from Great Lakes ATTC / ATTC Network.

Thank you for completing our survey.

Review process

While the questions are open-ended, no right or wrong answer; the clinician is expected to provide responses that indicate their conceptual understanding of the material/interview discussions.

Pilot - a review team will review the first 15 submissions for continuing education. The team will include Great Lakes Executive Director, Lonnetta Albright; Great Lakes consultant and subject matter expert, William White (interviewer on the video); and Great Lakes Technology Transfer Specialist, Pamela Woll.

If in the event a participant appears to have strayed from the significant point(s) in the video, an electronic technical assistance and/or phone contact will be made to explore and correct any significant mis-understanding.

Following this pilot - the review team will meet to discuss lessons learned and future approaches for reviewing CE submissions. A Great Lakes staff person and/or Research Assistant assigned to Great Lakes will review submissions, sign off and turn in for completion of certificates. Selected staff and students will first be required to review the DVD and submit responses to the continuing education questions to ensure they have an in-depth understanding of the material.

Great Lakes Director will review this approach quarterly to determine any necessary revisions and/or staff and student assignments and will report changes to Jane Addams College of Social Work. Great Lakes' Public Function Supervisor will be responsible for: 1) ensuring that timelines are met; 2) preparing and disseminating certificates; and reporting progress at least twice/year to Jane Addams of Social Work.

Evaluation

Great Lakes will use the ATTC federally-approved Customer Satisfaction tool (see above) to obtain feedback from all participants. The evaluation tool is used at ATTC workshops, meetings and other appropriate technology transfer venues including ATTC network On-line courses.

The post evaluation will be uploaded on the product as part of the Continuing Education section. Completion of the post evaluation form will be required for submission along with requests for continuing education.