

Cultural Competence and CLAS Standards Webinar 2

Presented by Harold Gates, MSSW, CISW, HS-BCP

Midwest Center for Cultural Competence, Inc.

For the Great Lakes Addiction Technology Transfer Center

July 11, 2018



Great Lakes (HHS Region 5)

ATTC

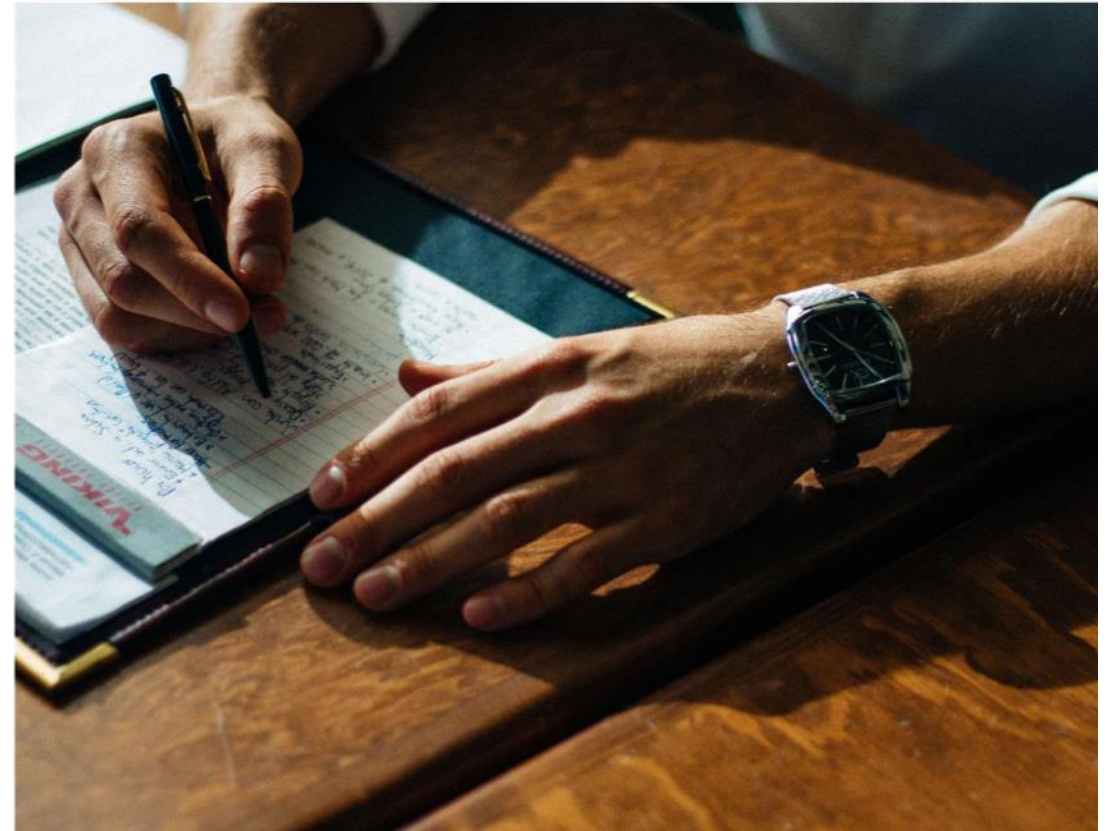
Addiction Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Learning Objectives

To understand the importance of incorporating client culture in:

- Intake/assessment
- Evaluation
- Treatment planning



How Do We Get There?

- SAMHSA's *TIP 59*
- Core Competencies for Counselors and Clinical Staff



Core Competencies

1. Self-knowledge
2. Cultural Awareness
3. Counselor Competencies: Culturally Appropriate Intervention skills
 - Attitudes and Beliefs
 - Knowledge
 - Skills

Culturally Responsive Evaluation and Treatment Planning: Nine Steps

1. Engage
2. Familiarize
3. Endorse
4. Cultural Relevance
5. Gather Information
6. Appropriate Screening/Assessment
7. Responsive Case Management
8. Culturally Responsive
9. Cultural Factors

The Best Way to Engage a Client

Establish
Rapport

Draw
Attention

Ensure the
client feels
engaged

Culturally
responsive
interview

The LEARN Model



Client Scenario



Familiarize clients and their families with treatment and evaluation processes



Endorse collaboration in interviews,
assessment, and treatment



The Collaborative Approach

Be sure to allow time with the client to:

- Discuss expectations
- Explain the planning process
- Emphasize input and interpretations
- Include preferences and desires
- Acknowledge strengths and support



Client Scenario (2)



Integrate Culturally Relevant Information and Themes

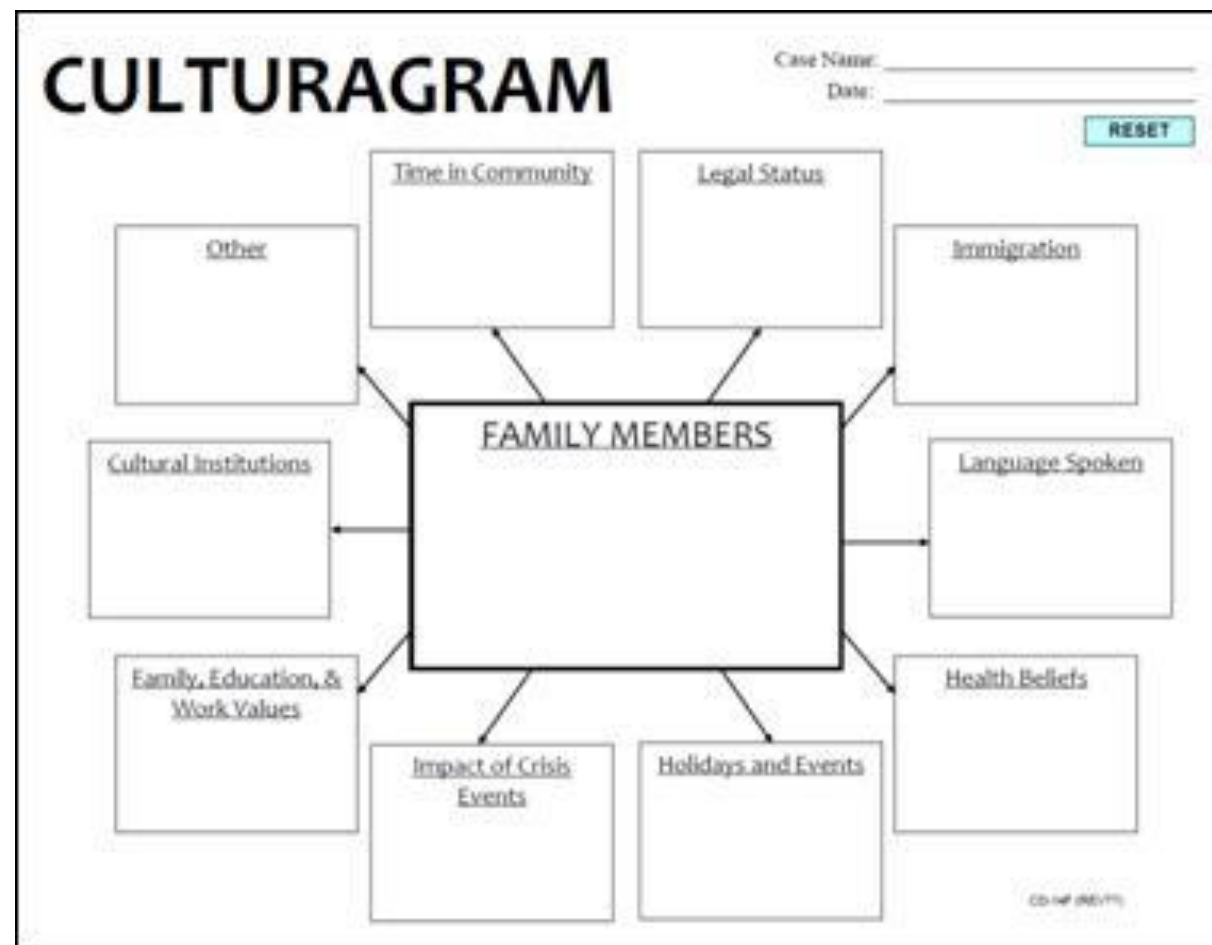
Ask culture and race related questions during the intake process

- Country of origin
- Immigration status
- Length of time in the United States
- Connection to country of origin
- Language(s) spoken in the home
- Cultural affiliation

Gather Culturally Relevant Collateral Information



*Culturagram for Mapping the Role of Culture



From the website, [Culturagrams Defined](https://socialworkculturagram.weebly.com/culturagrams.html): <https://socialworkculturagram.weebly.com/culturagrams.html>

Select Culturally Appropriate Screening and Assessment Tools



Screening and Assessment Instruments for Substance Use Disorders



Determine Readiness and Motivation for Change



Provide Culturally Responsive Case Management



Incorporate Cultural Factors into Treatment Planning

Strength-based strategies:

- Fortify cultural heritage
- Identity
- Resiliency

Counselors should:

- Design flexible treatment plans
- Draw upon institutions and resources in the clients' cultural community

Client Scenario



Questions

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New course on ATTC HealthKnowledge



- Understanding the Basics of Race, Ethnicity, and Culture
 - One hour, self-paced
 - Part 1 of Cultural Diversity Suite
 - Additional modules coming soon
 - Find it at [HealthKnowledge.org](https://www.healthknowledge.org)

Next Webinar in the Series

**How to Sustain Cultural Competence at the Individual and
Organizational Levels**

August 8, 2018

11:00-12:00 pm CT

References

Substance Abuse and Mental Health Services Administration. *Improving Cultural Competence*. CDM Group Inc., Knowledge Application Program (KAP) Treatment Improvement Protocol (TIP) Series No. 59. HHS Publication No. (SMA) 14-4849. Rockville, MD: Substance Abuse and Mental Health Services Administration, updated, July 2017